

Addicted

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Phrased Novice / Intermediate
編舞者: John Dembiec (USA) - October 2015
音樂: Beautiful Drug - Zac Brown Band



#32 count intro

**Tag- 4 count hold or a slow hip roll R to L with weight ending up on R

** Phrasing is 32 count intro, 32, Tag, 32, Tag, 32, 32, Tag, 32, 32, 32, Tag, Dance Out
Tags happen right before each chorus other than the 2nd one which is also after chorus

Alternate song: Hold My Hand by Jess Glynne (bpm)

#40 count intro, start on hard beat. No Tags/Restarts

[1-8] □ WALKS, TRIPLE FORWARD, ½ TURN HOOK, ½ TURN HITCH

1-2 Walk forward L, R

3&4 Triple forward L, R, L

5-6 Step R forward, Making ½ turn L hook L foot over R knee

7-8 Step L forward, Making ½ turn L hitch R knee up

(Option for 5-8, you may substitute a R forward, touch L, L back, touch R instead of turns)

[9-16] □ WALKS, BACK COASTER, POINT, CROSS, POINT, KICK

1-2 Walk back R, L

3&4 Step R back, Step L next to R, Step R forward

5-6 Point L to L, Cross L over R

7-8 Point R to R, Kick R forward

[17-24] □ ¼ JAZZ BOX, POINT, ½ TURN, ¼ SAILOR

1-2 Cross R over L, Making ¼ turn R step L back

3-4 Step R in place, Point L to L

5-6 Making ¼ turn L step L forward, Making ¼ turn L step R to R

7&8 Step Step L behind R, Making ¼ turn L step R back, Step L slightly forward

[25-32] □ STEP, LOCK, STEP, BRUSH, ¼ TURN VINE

1-2 Step R forward, Step L behind R

3-4 Step R forward, Brush L forward

5-6 Step L to L, Step R behind L

7-8 Making ¼ turn L step L forward, Step R forward

REPEAT AND HAVE FUN !!!!!

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