

Red-Suited Super Man

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sonja Hemmes (USA) - November 2015
音樂: Red-Suited Super Man (feat. Trombone Shorty) - Rod Stewart : (Album: Merry Christmas, Baby)



Start on Lyrics

STEP TOGETHER STEP, LEFT KICK, STEP TOGETHER STEP, RIGHT KICK □

1&2 Step right to right side, step left to left, step right to right side
3&4 Left foot kick diagonally, step left next to right, step right to left
5&6 Step left to left side, step right to right, step left to left side
7&8 Right foot kick diagonally, step right next to left, step left next to right

LOCK STEP FORWARD, ROCK FORWARD, LOCK STEP BACK, COASTER BACK

1&2 Step right foot forward, left foot behind right, step right foot forward
3&4 Rock left foot forward, return weight on right, step on left
5&6 Step right foot back, step left foot back in front of right, step right foot back
7&8 Step left foot back, step right foot next to left, step left foot forward

ROCK FORWARD, HOLD, TRIPLE FULL TURN, ROCK BACK, POINT

1&2 Rock right foot forward, return weight on left, hold
3&4 Step right foot to the right, left behind right, step right forward, turning ½ right
5&6 Step left foot forward, right behind left, step left foot forward, turning ½ right
7&8 Rock right foot back, return weight on left, point right toe to right side

RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT SAILOR STEP 1/4 TURN RIGHT, CROSS SHUFFLE

1&2 Cross step right behind left, ball stepping left next to right, step right forward
3&4 Cross step left behind right, ball stepping right next to left, step left forward
5&6 Cross step right behind left, making a 1/4 turn right, ball stepping left next to right, step right forward
7&8 Left foot cross in front of right, right foot to right side, left foot in front of right
