

# Just For A Day

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tony Vassell (UK) & Robbie McGowan Hickie (UK) - November 2015  
音樂: Just for a Day (feat. Ben Rue) - Cloverdayle : (CD: 9 Miles Down a 10 Mile Road)



Music also available on Download from iTunes & [www.amazon.co.uk](http://www.amazon.co.uk)

## #32 Count intro

### Right Cross Rock. Chasse Right. Back Rock. Left Shuffle Forward.

- 1 – 2      Cross rock Right forward over Left. Rock back on Left.
- 3&4      Step Right to Right side. Close Left beside Right. Step Right to Right side. (Use Cuban Hip)
- 5 – 6      Rock back on Left. Rock forward on Right.
- 7&8      Left shuffle forward stepping Left. Right. Left.

### Right Forward Rock. Right Shuffle 1/2 Turn Right. 2 x 1/2 Turns Right. Left Forward Rock & Step Back.

- 1 – 2      Rock forward on Right. Rock back on Left.
- 3&4      Right shuffle making 1/2 turn Right stepping Right. Left. Right.
- 5 – 6      Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right.
- 7&8      Rock forward on Left. Rock back on Right. Step back on Left. (Facing 6 o'clock)

Easier Option: Counts 5 – 6 above ... Walk forward on Left. Walk forward on Right.

### Slide Back (Right & Left). Right Coaster Cross. Left Side Rock. Left Sailor 1/4 Turn Left.

- 1 – 2      Slide back on Right. Slide back on Left.
- 3&4      Cross Right behind Left. Step Left to Left side. Cross step Right over Left.
- 5 – 6      Rock Left out to Left side. Recover weight on Right.
- 7&8      Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left.  
\*\*Restart\*\*

### Step. Pivot 1/2 Turn Left. Right Shuffle Forward. Step Forward. 1/2 Turn Left. Left Coaster Step.

- 1 – 2      Step forward on Right. Pivot 1/2 turn Left. (Facing 9 o'clock)
- 3&4      Right shuffle forward Right. Left. Right.
- 5 – 6      Step forward on Left. Make 1/2 turn Left stepping back on Right. (Facing 3 o'clock)
- 7&8      Step back on Left. Step Right beside Left. Step forward on Left. \*\*\*Ending – See Note Below\*\*\*

## Start Again

Restart: Dance to Count 24 of Wall 5...then Start the Dance Again from the Beginning (Facing 3 o'clock)

Note: □ Music fades During Wall 9 ... Keep on dancing till the End of that Wall, replacing Left Coaster with Left Sailor 1/4 Turn Left (End Facing 12 o'clock)