Cha Cha Mix

拍數: 64 **牆數:** 2 **級數:** Intermediate Cha Cha
編舞者: Maddison Glover (AUS) - November 2015
音樂: Love Me Like You - Little Mix : (Album: Get Weird, Deluxe Edition)

Begin dance after count 16.

S1: Fwd, Rock Fwd/ Replace, Lock Shuffle Back, ¼ Side, Point, Hold

1,2,3,4&5	Step R fwd, rock fwd on L, replace weight back on R, step back on L, lock R over L, step L back
6,7,8	Turn ¼ R stepping R to R side, point L to L side, hold (3:00)

S2: Together, Cross, Side, Together (turning 1/8), Lock Shuffle Fwd, Rock, Coaster Cross (1/8)

&1,2,3	Step L beside R, cross R over L, step L to L, step R beside L as you turn 1/8 R (4:30)
4&5,6	Step L fwd, lock R behind L, step L fwd, step/rock fwd on R
7&8	Step back on L, turn 1/8 R as you step R beside L (square up), cross L over R (6:00)

S3: ½ Rumba Box, ¼ Turning Lock Shuffle Back, Rock/ Replace, Lock Shuffle Fwd

1,2,3	Step R to R side, step L together, step R fwd,
4&5,	Turn ¼ R stepping back on L, cross R over L, step back on L, (9:00)
6,7,8&1	Rock back on R, rock fwd onto L, step fwd on R, lock L behind R, step fwd on R (9:00)

S4: Step ½ Pivot, ½ Lock Shuffle Back, Back, Coaster Cross

2,3,4&	Step L fwd, pivot ½ turn over R, make ½ turn over R stepping back on L, step R together
5,6,7&8	Step back on L, step back on R, step back on L, step R together, cross L over R (9:00)

S5: Side, Hold, Together, Side, Together, Cross, Hold, Side, Behind, ¼ (Syncopated Weave)

1,2&3,4	Step R to R side, hold, step L together, step R to R, step L together (angle shoulders L) (9:00)
5,6,&7,8	Cross R over L, hold, step L to L side, step R behind, turn ¼ L stepping fwd onto L (6:00)

Restart: During the second sequence, you will begin the dance facing 6:00. Dance up to count 40 and restart facing 12:00.

S6: Rock Fwd, Replace, Together, Rock Fwd, Replace, Lock Shuffle Back, Back Rock/Replace

1,2&3,4	Rock fwd onto R, replace weight back on L, bring R together, rock fwd on L, rock back onto R,
5&6,7,8	Step back on L, lock R over L, step back on L, rock back onto R, replace weight fwd onto L (6:00)

S7: Rocking Chair, Step ½ Pivot, Step ¼ Pivot (rolling hips)

1,2,3,4	Rock fwd onto R, rock back onto L, rock back onto R, rock fwd onto L,
5,6,7,8	Step R fwd, pivot ½ L, step R fwd, pivot ¼ L (9:00)

(Option) Roll hips around anti-clockwise whilst pivoting)

S8: Fwd, Together, Back, Together, Cross, Side, Syncopated Weave Turning ¼ L

1&2&3,4	Step fwd on R, step L together, step R back, step L together, cross R over L, step L to L (9:00)
5&6&	Step R behind L, step L to L side, cross R over L, step L to L side,
7,8	Cross R behind L, turn ¼ L stepping fwd on L (6:00)

(Option: Take smaller steps for these 8 counts– this part is emphasised twice in the music)

Finish: Dance to count 30 and replace the coaster step with a coaster ¼ L to the front.

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