

I'm Just Sayin

拍數: 64 牆數: 4 級數: Improver
編舞者: Rick Culley (UK) - November 2015
音樂: 'I'm Just Sayin '- Billy Rice Band.



S1: Rock Recover ½ Turn Shuffle/Rock Recover ½ Turn Shuffle

1-2 Rock forward on Right, Recover on left
3&4 ½ turn right shuffle RLR
5-6 Rock forward on Left Recover on right
7&8 ½ turn left shuffle LRL

S2: 2 Shuffles forward, Rock Forward, Recover ¼ turn Shuffle

1&2 Right Shuffle Forward RLR
3&4 Left Shuffle Forward LRL
5-6 Rock forward on Right recover on left
7&8 ¼ turn Side Shuffle to right

S3: Right Weave, Cross Rock, Recover, chasse left

1-2 Cross left over right, step right to side
3-4 Cross left behind right, step right to side
5-6 Cross/rock left over right, recover to right
7&8 Chasse to left side LRL

S4: Left weave, Cross Rock Recover ¼ Turn Shuffle

1-2 Cross right over left, step left to side
3-4 Cross right behind left, step left to side
5-6 Cross/rock right over left, recover to left
7&8 ¼ Turn Shuffle to Right RLR ** (restart wall 4 See note re slight step change)

S5: Rock Forward Recover, Coaster Step; Rock forward, ½ Turn Shuffle

1-2 Rock Forward on Left, Recover on Right
3&4 Step back on Left, Step Right beside Left, Step Forward on Left
5-6 Rock Forward on Right, Recover on left
7&8 ½ Turn Shuffle to Right. RLR

S6: Two Shuffles Forward, Step Forward ¼ Turn, Left Shuffle

1&2 Left Shuffle Forward LRL
3&4 Right Shuffle Forward RLR
5-6 Step Forward on Left ¼ turn to the Right
7&8 Left Shuffle Forward LRL

S7: Shuffle Forward, ¼ Turn Right x2, Left Shuffle

1&2 Right Shuffle Forward RLR
3-4 Step Forward on Left ¼ Turn Right
5-6 Step Forward on Left ¼ Turn Right
7&8 Left Shuffle Forward LRL * (Restart wall 2)

S8: Shuffle Forward, Rock Forward Recover, Shuffle Back, Rock back, Recover

1&2 Right Shuffle Forward RLR
3-4 Rock Forward on Left, Recover on Right
5&6 Left Shuffle Back On Left LRL
7-8 Rock back on Right, Recover on Left .

TAGS.. END OF WALLS 1& 3

1&2 Right Shuffle Forward RLR
3&4 Left Shuffle Forward LRL
5&6 Right Shuffle Forward RLR
7&8 Left Shuffle Forward LRL

Restarts:-

~2nd Wall. After 56 Counts S7 *

~4th Wall After 32 Counts S4 **(add & Count stepping on Left then Rock Forward on Right)

Enjoy.

Contact: richarddculley@btinternet.com.
