

Stomp

拍數: 32 牆數: 4 級數: Advanced Beginner
編舞者: Nicky Tan (MY) - November 2015
音樂: Stomp - Jared Blake



Intro starts after 16 + 3 counts. Start on the word "Stomp"

Section 1: Vine to Right with a ¼ R Turn, Heel Switches, Rock Back, Recover, Heel Touch

1 2 Step RF to side, Step LF behind RF
3 4 Turn ¼ R & Step RF forward, Step LF forward (3:00)
5&6 Touch R heel forward, Step RF beside LF, Touch L heel forward
7&8 Rock LF back, Recover on RF, Touch L heel forward

Section 2 : Step Touch 2x, Turn ½ R Step Touch, Step Touch

1 2 Step LF back, Touch RF beside LF
3 4 Step RF forward, Touch LF beside RF
5 6 Turn ½ R & Step LF back, Touch RF beside LF (9:00)
7 8 Step RF back, Touch LF beside RF

Section 3: Diagonal Forward Shuffle to L then R, forward & twist, back & twist

1&2 Diagonal Shuffle forward LF, RF, LF
3&4 Diagonal Shuffle forward RF, LF, RF
5&6 Step LF forward, Swivel both heels to L then return to centre
7&8 Step LF back, Swivel both heels to R then return to centre (9:00)

Section 4 : Rock Back, Recover, Kick, Ball, Change, Kick forward twice, Kick Back, Kick Forward

1 2 Rock RF back, Recover on LF
3&4 Kick RF forward, Ball Step on RF beside LF, Step LF beside RF
5 6 Kick RF forward twice
7 8 Kick RF back, Kick RF forward (9:00)
