

Sexy Als Ik Dans

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Novice - Intermediate
編舞者: Alexa FERMON (FR) - October 2015
音樂: Sexy Als Ik Dans - Nielson



Start after the "oh", when the guitar starts

*4 Restarts on walls 2-3-5-7 - Tag on wall 9 (8cts)

[1-8] Vine 1/4 R - hitch 1/4 to L - vine L - hitch R - cross back back - back side fwd

1&2& Step RF to R - Cross LF behind RF - Step RF to R with 1/4 turn to R - Hitch LF with 1/4 turn to R
3&4& Step LF to L - Cross RF behind LF - Step LF to L - Hitch RF
5&6 Cross RF over LF - Step LF back in the diagonal - Step RF back in the diagonal
7&8 Cross LF behind RF with a 1/8 turn (face wall 3) - Step RF to R - Step LF fwd

[9-16] step RF to the R - together forward (RF) - vine 1/4 L - mambo x2 (fwd-bckwd) - step 1/2 turn L

1&2 Step RF to R - LF next to RF - RF fwd
3&4 Step LF to L - Cross RF behind LF - Step LF to L with a 1/4 turn to L
5&6 Mambo RF fwd - Mambo RF bckw
7-8 Step RF fwd & Make a 1/2 turn to L

[17-24] rock step coaster step x2 (R&L)

1-2 Rock Step fwd with RF
3&4 Coaster Step with RF

*4th Restart in the 7th wall after the 20th counts - it's a Coaster touch instead of a Coaster step.

5-6 Rock Step fwd with LF
7&8 Coaster Step with LF

* 1st & 3rd Restart on the 2nd & 5th wall after the 24th counts

[25-32] wizard step x2 (R&L) - Mambo R fwd, triple step 3/4 turn to the L shoulder

1-2& Step RF fwd (in the diagonal) - lock LF behind RF - Step RF fwd (in the diagonal)
3-4& Step LF fwd (in the diagonal) - lock RF behind LF - Step LF fwd (in the diagonal)

* 2nd Restart on the 3rd wall after 28th counts

5&6 Mambo fwd with RF - Step RF bckw
7&8 Triple step 3/4 to the L shoulder

***TAG: 8 cts - at the end of the 9th wall.**

1&2& Cross L over R - rock step R to R - cross R over L -
3&4& Rock step L to L - cross L over R - step R to R
5-6-7-8 Hold (4bpm) with a body-roll in these 4 counts
& Hold till the music starts again

ENJOY & Have Fun ;)

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