

# Sexy Als Ik Dans

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Novice - Intermediate  
編舞者: Alexa FERMON (FR) - October 2015  
音樂: Sexy Als Ik Dans - Nielson



Start after the "oh", when the guitar starts

\*4 Restarts on walls 2-3-5-7 - Tag on wall 9 (8cts)

**[1-8] Vine 1/4 R - hitch 1/4 to L - vine L - hitch R - cross back back - back side fwd**

1&2&      Step RF to R - Cross LF behind RF - Step RF to R with 1/4 turn to R - Hitch LF with 1/4 turn to R  
3&4&      Step LF to L - Cross RF behind LF - Step LF to L - Hitch RF  
5&6      Cross RF over LF - Step LF back in the diagonal - Step RF back in the diagonal  
7&8      Cross LF behind RF with a 1/8 turn (face wall 3) - Step RF to R - Step LF fwd

**[9-16] step RF to the R - together forward (RF) - vine 1/4 L - mambo x2 (fwd-bckwd) - step 1/2 turn L**

1&2      Step RF to R - LF next to RF - RF fwd  
3&4      Step LF to L - Cross RF behind LF - Step LF to L with a 1/4 turn to L  
5&6      Mambo RF fwd - Mambo RF bckw  
7-8      Step RF fwd & Make a 1/2 turn to L

**[17-24] rock step coaster step x2 (R&L)**

1-2      Rock Step fwd with RF  
3&4      Coaster Step with RF

\*4th Restart in the 7th wall after the 20th counts - it's a Coaster touch instead of a Coaster step.

5-6      Rock Step fwd with LF  
7&8      Coaster Step with LF

\* 1st & 3rd Restart on the 2nd & 5th wall after the 24th counts

**[25-32] wizard step x2 (R&L) - Mambo R fwd, triple step 3/4 turn to the L shoulder**

1-2&      Step RF fwd (in the diagonal) - lock LF behind RF - Step RF fwd (in the diagonal)  
3-4&      Step LF fwd (in the diagonal) - lock RF behind LF - Step LF fwd (in the diagonal)

\* 2nd Restart on the 3rd wall after 28th counts

5&6      Mambo fwd with RF - Step RF bckw  
7&8      Triple step 3/4 to the L shoulder

**\*TAG: 8 cts - at the end of the 9th wall.**

1&2&      Cross L over R - rock step R to R - cross R over L -  
3&4&      Rock step L to L - cross L over R - step R to R  
5-6-7-8      Hold (4bpm) with a body-roll in these 4 counts  
&      Hold till the music starts again

ENJOY & Have Fun ;)

Contact: alexa.fermon@gmail.com