EZ Bad For You



編舞者: Amy Christian (USA) - November 2015

音樂: Bad For You - Waterloo Revival



Intro: 16 counts, as soon as music begins.

ROCK FWD, RECOVER, R COASTER, CROSS, POINT, CROSS, POINT,

1-2	Rock fwd on R, Recover on L,

3&4 (R Coaster Step) Step back on ball of R, Step on ball of L next to R, Step fwd on R,

5-6 Step L fwd in front of R, Touch R out to right side,7-8 Step R fwd in front of L, Touch L out to left side,

ROCK FWD, RECOVER, L COASTER, PIVOT 1/4, PIVOT 1/4,

1-2 Rock fwd on L, Recover on R,

3&4 (L Coaster Step) Step back on ball of L, Step on ball of R next to L, Step fwd on L,

5-6 Step fwd on R, Pivot ¼ turning left, [9:00] 7-8 Step fwd on R, Pivot ¼ turning left, [6:00]

14 JAZZ BOX, 14 JAZZ BOX,

1-4 Cross R over L, ¼ turn right –stepping back on L [9:00], Step R to right side, Step L fwd,
5-8 Cross R over L, ¼ turn right –stepping back on L [12:00], Step R to right side, Step L fwd,

STEP FWD, PIVOT 1/2, WALK, WALK, ROCKING CHAIR,

1-2 Step fwd on R, Pivot ½ turn left – stepping fwd on L [6:00],

3-4 Step fwd on R, Step fwd on L, (Walk, Walk,)

5-8 (Rocking Chair) Rock fwd on R, Recover on L, Rock back on R, Recover on L,

BEGIN AGAIN!

ENDING – Dance will bring you to the front wall, just keep dancing & end on the first eight (after Cross, Point) & hold that pose!!!

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