Samba LDIB-6

拍數: 48

級數: Easy Intermediate

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音樂: Bumpy Ride - Mohombi

S1: BOTA FOGOS, FULL VOLTA TURN RIGHT

- 1a2 Cross R over L, Step ball of L to side, Step R to side
- 3a4 Cross L over R, Step ball of R to side, Step L to side
- 5a ¼ turn R and step R forward, Step on ball of L in place
- 6a ¹/₄ turn R and step R forward, Step on ball of L in place
- 7a ¹/₄ turn R and step R forward, Step on ball of L in place
- 8 ¼ turn R and step R forward

S2: RIGHT SYNCOPATED WEAVE, HITCH, FORWARD LOCK SHUFFLE

- 1 Cross L over R
- &2 Step R to side, Cross L behind R
- &3 Step R to side, cross L over R
- &4 Step R to side, Cross L behind R
- &5 Step R to side, Cross L over R
- 6 Hitch R over L
- 7&8 Step R forward, Lock L behind R, Step R forward

S3: CONTRA BOTA FOGOS, FULL TURN VOLTA LEFT

- 1a2 Cross L behind R, Step ball of R to side, Step L to side
- 3a4 Cross R behind L, Step ball of L to side, Step R to side
- 5a 1/4 turn L and step L forward, Step on ball of R in place
- 6a 1/4 turn R and step L forward, Step on ball of R in place
- 7a 1/4 turn R and step L forward, Step on ball of R in place
- 8 1⁄4 turn R and step L forward

S4: LEFT SYNCOPATED WEAVE, HITCH, CROSS OVER, BEHIND, DRAG AND FLICK

- 1 Cross R over L
- &2 Step L to side, Cross R behind L
- &3 Step L to side, cross R over L
- &4 Step L to side, Cross R behind L
- &5 Step L to side, Cross R over L
- 6 Hitch L over R
- 7&8 Cross L over R, Step ball of R behind L, Drag L next to R and Flick R backward

S5: CRUSADO WALK (RIGHT, LEFT), ROCCK FORWARD, ROCK BACKWARD, ROCK FORWARD, FORWARD SAMBA, BACKWARD SAMBA

- 1-2 Step R forward, Step L forward
- 3a4 Step R forward sway R hip forward , Step L backward sway L hip backward, Step R forward sway R hip forward
- 5&6 Step L forward, Step ball on R beside L, Step L in place
- 7&8 Step R backward, Step ball on L beside R, Step R in place

S6: SAMBA WHISK (LEFT, RIGHT), ¼ LEFT, FORWARD, BACKWARD ROCK, RECOVER, KICK BALL STEP

- 1a2 Step L to side, Rock R behind L, Recover on L
- 3a4 Step R to side, Rock L behind R, Recover on R
- 5a6 Turn ¼ L step L forward, Rock R backward, Recover on L





牆數:4

7&8 Kick R forward, Step ball of R backward, Step L forward

Begin Again - Enjoy the dance

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