

I'm Head Over Boots

拍數: 64 牆數: 4 級數:
編舞者: Kathleen Slattery (USA) - November 2015
音樂: Head Over Boots - Jon Pardi



S1: WALK, WALK, FORWARD SHUFFLE, ¼ TURN RIGHT, LEFT CROSS SHUFFLE

1,2, Walk forward on right, left,
3&4 Right foot forward, left behind right, right foot forward
5,6 Left foot forward, pivot ¼ right 3:00
7&8 Left foot over right, right to right side, left over right

S2: ¾ TURN LEFT, FORWARD MAMBO, RIGHT SIDE SHUFFLE, ¼ TURN LEFT, TOUCH RIGHT □

1,2 ¾ turn to the left – step on right, step on left 6:00
3&4 Rock forward on right, recover on left, touch right
5&6 Right to right side, left next to right, right to right side
7, 8 ¼ turn left, touch right 3:00

S3: RIGHT KICK BALL CHANGE, CHASE TURN, LEFT HEEL, RIGHT HEEL, RIGHT SAILOR STEP

1&2 Kick right, step on ball of right foot, step on left
3&4 Step forward on right, ½ turn left stepping on left, step on right 9:00
5&6 Left heel forward, left foot next to right, right heel forward
7&8 Right foot behind left, left next to right, step on right

S4: TURNING SAILOR, RIGHT HEEL, RIGHT STEP, LEFT ROCKING CHAIR

1&2 Left foot behind right, turn ¼ left, step right, step left 6:00
3, 4 Right heel forward, step on right
5,6,7,8 Rock forward on left, recover on right, rock back on left, recover on right

S5: LEFT SIDE SHUFFLE, ¼ TURN SHUFFLE 3X'S

1&2 Left foot to left side, right next to left, left to left side
3&4 ¼ turn left with right to right side, left next to right, right to right side 3:00
5&6 ¼ turn left with left to left side, right next to left, left to left side 12:00
7&8 ¼ turn left with right to right side, left next to right, right to right side 9:00

S6: SHUFFLE BACK ON LEFT, ½ TURN TO RIGHT, STEP ON RIGHT, LEFT, WALK RIGHT, LEFT, RIGHT, LEFT

1&2 Left foot back, right in front of left, left foot back
3, 4 ½ turn to right stepping on right, step on left 3:00
5,6,7,8 Walk forward on right, left, right, left

S7: POINT RIGHT, RIGHT STEP, LEFT COASTER STEP, ROCK ON RIGHT, ROCK ON LEFT, ROCK ON RIGHT, ROCK ON LEFT

1, 2 Point right to right side, step on right
3&4 Left foot back, right next to left, left foot forward
5, 6, 7, 8 Rock to side on right, left, right, left

S8: STEP TOGETHER, RIGHT SHUFFLE BACK, STEP TOGETHER, LEFT SHUFFLE FORWARD

1, 2 Right to right side, left next to right
3&4 Right foot back, left in front of right, right foot back
5, 6 Left to left side, right next to left
7&8 Left foot forward, right behind left, left foot forward

On 2nd wall – there is a one second pause, dance through it

TAG – 4TH WALL: Dance 16 steps 12:00 - step in place right, left, right, left - RESTART

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