

May I

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Paul O'Connor (UK) - November 2015
音樂: Mother May I - CeeLo Green



Walk x2, right shuffle, Fwd rock, side rock, behind, side , cross.

- 1-2. Walk fwd right, left to right diagonal.
- 3&4. Shuffle fwd right, left, right.
- 5&6&. Rock left fwd, recover, rock left to side, recover.
- 7&8. Step left behind right, right to side, cross step left over right.

Point side, unwind full turn, anchor step x2, touch unwind.

- 1-2. Point right toe out to right side, Unwind full turn right sweeping right foot round.
- 3&4. Anchor step R, L, R moving slightly back.
- 5&6. Anchor step L, R, L moving slightly back.
- 7-8. Touch right to back, turn 3/8 turn right taking weight on right, facing 6.00.

Cross side behind, Behind side cross, rocking chair on left, step, step turn.

- 1&2. Cross left over right, step right to side, step left behind right sweeping right foot round.
- 3&4. Step right behind left, step left to side, cross step right over left.
- 5&6&. Rock fwd on left, recover on right, rock back on left, recover on right.
- 7-8&. Step fwd on left foot, Step fwd on right , pivot ½ turn , weight on left.

½ turn left with hip bumps x2, rock, recover, ½ turn, full pencil turn.

- 1&2. Touch right toe fwd ¼ turn left bumping hips, step down on right foot ¼ turn left.
- 3&4. Make ½ turn left touching left toe fwd bumping hips, step down on left foot.
- 5-6. Rock fwd on right foot, recover on left foot.
- 7-8. Make ½ turn right stepping right foot fwd, full pencil turn right stepping left next to right. (start again into right diagonal).

Begin again. Enjoy
