Sugar Pie Honey Bunch

級數: Beginner / Improver

編舞者: Paul Lipinski (USA) - November 2015 音樂: I Can't Help Myself - Four Tops

Intro: 24 counts, start on vocals

拍數: 32

[1-8] Side Touch, x2, Step Lock Step Touch

- Step R to right, Touch L next to right, Step L to left, Touch R next to left 1-4
- 5-8 Step R to right diagonal, Step L behind right, Step Right to right diagonal, Touch L next to right

[9-16] Side Touch, x2, Step Lock Step Brush

- Step L to left, Touch R next to left, Step R to right, Touch L next to right 1-4
- 5-8 Step L to left diagonal, Step R behind left, Step L to left diagonal, Brush R forward

[17-24] Rocking Chair, Jazz 1/4 right

- Rock forward on the R, Recover on L, Rock back on R, Recover on L 1-4
- 5-8 Step R cross left, Step L back, Step R to the side turning 1/4 right, Step L next to right 3:00

[25-32]□ Forward together & clap, Back together & clap, Hip bumps RLRL

- 1.2& Step R forward, Step L next to right, & clap
- 3,4& Step R back, Step L next to right, & clap
- 5-8 Bump hips right, left, right, left

Repeat

Restart: On 7th wall (6:00) dance 24 counts [finish Jazz 1/4 right] then Restart dance from beginning. You are facing (9:00)

Contact: Torrance, CA, (310) 378-0877, Paul.Lipinski@acm.org





牆數: 4