

# Single Time, Double Time

**COPPER** **KNOB**  
STEPSHEETS

拍數: 48      牆數: 4      級數: Beginner  
編舞者: Judy Rice (USA) - November 2015  
音樂: I Love This Life - LOCASH



## GRAPEVINE RIGHT, QUICK WEAVE VINE LEFT

1,2      Step right foot to side, step behind on left foot.  
3,4      Step R foot to side, touch L toe next to R foot.  
5&6&      Quickly step L foot to side, step behind on R foot, step L to side, cross R foot in front.  
7&8      Quickly step L foot to side, step behind on R foot, step L foot to side.

## RIGHT ROCKING CHAIR, QUICK RIGHT ROCKING CHAIR, RIGHT SHUFFLE FORWARD

9,10      Step R foot forward, rock back on L foot.  
11,12      Step R foot back, rock forward on L foot.  
13&14&      Quickly step R foot forward, rock back on L foot, step R foot back, rock forward on L foot.  
15&16      Triple step (cha-cha-cha) forward R-L-R.

## GRAPEVINE LEFT, QUICK WEAVE VINE RIGHT

17,18      Step left foot to side, step behind on right foot.  
19,20      Step L foot to side, touch R toe next to L foot.  
21&21&      Quickly step R foot to side, step behind on L foot, step R to side, cross L foot in front.  
23&24      Quickly step R foot to side, step behind on L foot, step R foot to side.

## LEFT ROCKING CHAIR, QUICK LEFT ROCKING CHAIR, LEFT SHUFFLE FORWARD

25,26      Step L foot forward, rock back on R foot.  
27,28      Step L foot back, rock forward on R foot.  
29&30&      Quickly step L foot forward, rock back on R foot, step L foot back, rock forward on R foot.  
31&32      Triple step (cha-cha-cha) forward L-R-L.

## RIGHT, LEFT STEP TOUCHES, QUICK RIGHT, LEFT STEP TOUCHES,, RIGHT KICK-BALL-CHANGE

33,34      Step R foot to side, touch L toe next to R foot.  
35,36      Step L foot to side, touch R toe next to L foot.  
37&38&      Quickly step R foot to side, touch L toe next to R foot, step L foot to side, touch R toe next to L foot.  
39&40      Kick R foot out, step on ball of R foot, then step on left foot.

## RIGHT, LEFT HEEL TOUCHES, RIGHT, LEFT HEEL SWITCHES, STEP ¼ TURN PIVOT

41,42      Touch R heel forward, step down on R foot.  
43,44      Touch L heel forward, step down on L foot.  
45&46&      Quickly touch R heel forward, step down on R foot, touch L heel forward, step down on L foot.  
47,48      Touch R toe forward, pivot ¼ turn to the left, keeping weight on left.

**This dance has no tags or restarts. In each 8 count, you do the same steps slow then fast – single time, double time, sometimes with one more set of steps to finish the 8 count. Enjoy!!**

Contact ~ Judy Rice - [jsrice65133@yahoo.com](mailto:jsrice65133@yahoo.com)