

# In My Life

**COPPER** KNOB  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Annette Lapp (DK) - November 2015  
音樂: In My Life (Glee Cast Version) - Glee Cast : (Album: Glee, The Music, The Complete Season Three)



Intro: 16 counts

## Vine, Cross, Side Rock, Back Rock

1 – 2      Step right to right, step left behind right,  
3 – 4      Step right to right, cross left in front of right  
5 – 6      Rock right to right side, recover onto left  
7 – 8      Rock back on right, recover onto left \*

## ¼ Turn Right, Point Left, Cross, Point Right, ¼ Turn Jazz Box, Cross

1 – 2      Turn ¼ to the right stepping right forward, point left to left side  
3 – 4      Cross left in front of right, point right to right side  
5 – 6      Cross right over left, step back on left  
7 – 8      ¼ turn right stepping right to right side, cross left over right

## Chasse Right, Back Rock, Side, Drag, Back Rock

1 & 2      Step right to right, left beside right, step right to right side  
3 – 4      Rock back on left, recover onto right  
5 – 6      A long step to the left, drag right near to left  
7 - 8      Rock back on right, recover onto left

## Forward Rock, ½ Turn Right Shuffle, Step Left Forward, ½ Turn Right, Step Left Forward, Touch

1 – 2      Rock forward on right, rock back on left  
3 & 4      ½ turn right stepping right, left, right  
5 – 6      Step forward on left, step 1/2 turn right  
7 – 8      Step forward left, touch right beside left

\*Restart: On wall 3 after 8 count

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