Roses and Violets

拍數: 48

級數: Intermediate waltz

編舞者: Amy Glass (USA) - November 2015

音樂: Roses and Violets - Alexander Jean : (iTunes)

#24 Count Intro. 6 Count Tag at the end of wall 6 (facing 6:00)

[1-6] 1/4 R Stepping back R, Step Sweep with 1/2 L

- 1 Turn 1/4 R while stepping back on RF (3:00)
- 23 Hold
- 456 Recover weight on LF, Sweeping RF back to front and turning 1/2 L (9:00)

[7-12] Cross Twinkle, Begin Diamond

- Cross RF over LF, Step LF to L side, Close RF next to LF 123
- 456 Cross LF over RF, Step RF to R Side, Step back L while making 1/8 turn L (7:30)

[13-18] Finish Diamond, Step Point Hold

123 Step back on RF, Turn 1/8 L stepping LF to L side, Turn 1/8 L stepping forward R (4:30)

Step forward L, Point RF to R Side, Hold (4:30) 456

[19-24] Eull Turn R, Back L, R, L

- 123 Close RF next to LF and make a full turn R (4:30)
- 456 Walk back L, R, L

[25-30] 1/2 R, Cross Unwind

- 123 Turn 1/2 R stepping forward on RF (10:30)
- Cross L over R and unwind 3/8 finishing with weight on R (3:00) 456

[31-36] L Cross Twinkle, R Cross Twinkle Traveling Slightly Backwards

- 123 Cross LF over RF, step RF to R side, Close LF next to RF while traveling slightly backwards (body \Box will finish naturally on diagonal (1:30)
- Cross RF over LF, step LF to L side, Close RF next to LF while traveling slightly backwards 123 (body \Box will finish naturally on diagonal (4:30)

[37-42] 1/2 L Waltz Basic, 1/2 L Waltz Basic

123 Step forward on LF, Turn 1/4 L stepping RF to R side, Turn 1/4 L Crossing LF over RF (9:00) 456 Step back on RF, Turn 1/4 L stepping LF to L side, Turn 1/4 L stepping RF forward (3:00)

[43-48] Step, Spiral, Rock Recover, Step Back

- Step forward L 1
- 23 Make a full spiral turn to the R, ending with weight RF
- 45 Rock forward on LF, Recover weight on RF
- 6 Step back on LF

Tag: 6 Counts

Following wall 6, facing 6:00

[1-6]] Slow walks back R, L

- 123 Walk back R slowly dragging LF next to RF
- 456 Walk back L slowly dragging RF next to LF

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Last Update - 19th Nov. 2015





牆數: 4