

Take My Hand

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Easy Intermediate
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音樂: Tag Min Hånd - Barbara Moleko



Intro: 32 counts (appr. 17 seconds) Start with weight on L foot

#2 Restarts:-

~1`st Restart on wall 2 after 32 counts (9:00) *..

~2`nd Restart on wall 5 after 32 counts (12:00) **

Ending: In section 4 – count 8&1, make that a coaster ¼ turn to face 12:00

#1 section: □ Cross, rock side, chasse´, cross rock, chasse □

1 Cross R over L □ 12:00
2-3 Recover on L, step R to R side □ 12:00
4&5 Step L to L side, close R beside L, step L to L side □ 12:00
6-7 Cross R over L, recover on L □ 12:00
8&1 Step R to R side, close L beside R, step R to R side □ 12:00

#2 section: □ Step ¼ turn, cross shuffle, side rock, cross rock side □

2-3 Step fw. on L, make ¼ turn R stepping R to R side □ 3:00
4&5 Cross L over R, step R to R side, cross L over R □ 3:00
6-7 Rock R to R side, recover on L □ 3:00
8&1 Cross R over L, recover on L, step R to R side □ 3:00

#3 section: □ Sway X 2, mambo fw. 2 X back, mambo back □

2-3 Sway L, sway R □ 3:00
4&5 Rock fw. on L, recover on R, step L next to R □ 3:00
6-7 step back R, step back L □ 3:00
8&1 Rock back on R, recover on L, step fw. on R □ 3:00

#4 section: □ Lock step, lock step lock, rock recover, back coaster step □

2-3 Lock L behind R, step fw. on R □ 3:00
4&5 Lock L behind R, step fw. on R, lock L behind R □ 3:00
6-7 Rock fw. on R, recover on L □ 3:00
8&1 Step back on R, step L next to R, step fw. on R □ 3:00

#5 section: □ Step ¼ turn, cross shuffle, 2 X ¼ turn, cross rock side □

2-3 Step fw. on L, make ¼ turn R stepping R to R side □ 6:00
4&5 Cross L over R, step R to R side, cross L over R □ 6:00
6-7 Make ¼ turn L stepping back on R, make ¼ turn L stepping L to L side □ 12:00
8&1 Cross R over L, recover on L, step R to R side □ 12:00

#6 section: □ Cross ¼ turn, lock step back, back rock, kick ball step □

2-3 Cross L over R, make ¼ turn L stepping back on R □ 9:00
4&5 Lock L in front of R, step back on R, lock L in front of R □ 9:00
6-7 Rock back on R, recover on L □ 9:00
8&1 Kick R fw. step R beside L, step fw. on L □ 9:00

#7 section: □ 2 X walk, kick ball step, step ¼ turn, cross shuffle □

2-3 Walk fw. R, walk fw. L □ 9:00
4&5 Kick R fw. step R beside L, step fw. on L □ 9:00

6-7 Step fw. on R, make ¼ turn L stepping L to L side □6:00
8&1 Cross R over L, step L to L side, cross R over L□6:00

#8 section: □Side behind with sweep, behind side cross, side cross, side rock□

2-3 Step L to L side, cross R behind L while sweeping L□6:00
4&5 Cross L behind R, step R to R side, cross L over R□6:00
6-7 Step R to R side, cross L over R□6:00
8& Rock R to R side, recover on L□6:00

GOOD LUCK & N'JOY
