

# Break On Me

拍數: 32      牆數: 2      級數: Improver  
編舞者: Gaye Teather (UK) - November 2015  
音樂: Break on Me - Keith Urban



## #32 count intro

Single release available to download from iTunes & Amazon

### Prissy walks forward x 2. Right side rock & cross. Quarter turn Right x 2. Cross rock & side

- 1 – 2      Step Right foot forward and slightly across Left. Step Left foot forward and slightly across Right
- 3&4      Rock Right to Right side. Recover onto Left. Cross Right over Left
- 5 – 6      Quarter turn Right stepping back on Left. Quarter turn Right stepping Right to Right side (Facing 6 o'clock)
- 7&8      Cross rock Left over Right. Recover onto Right. Step Left to Left side

### Lunge/Press. Recover. Sailor half turn Right with cross. Sway Left. Sway Right. Behind-side-step

- 1 – 2      Angling body to face Left diagonal lunge forward on Right pressing weight onto ball of Right and bending both knees slightly. Recover onto Left
- 3&4      Quarter turn Right sweeping Right foot around and stepping back on Right. Quarter turn Right stepping Left to Left side. Cross Right over Left (Facing 12 o'clock)
- 5 – 6      Step Left to Left side swaying hips Left. Recover onto Right swaying hips Right
- 7&8      Cross Left behind Right. Step Right to Right side. Step forward on Left

**\*Restart from beginning at this point during walls 3 and 6 (You will be facing front both times)**

### Step. Hitch/kick. Back lock step. Sweep back. Sweep back. Back rock. Step

- 1&2      Step forward on Right. Hitch Left knee and kick Left foot forward (low kick)
- 3&4      Step back on Left. Cross Right over Left. Step back on Left
- 5 – 6      Sweep and step back on Right. Sweep and step back on Left
- 7&8      Rock back on Right. Recover onto Left. Long step forward on Right

### Lunge forward. Recover. Shuffle half turn Left. Full turn Left (travelling forward). Syncopated Rocking chair

- 1 – 2      Step forward on Left leaning forward and bending both knees slightly. Recover onto Right
- 3&4      Shuffle half turn Left stepping Left. Right Left
- 5 – 6      Half turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 6 o'clock)
- 7&8&      Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

Start again