

# Alright

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Larry Bass (USA) - September 2015  
音樂: It's Alright - Vickie Winans



Start dancing after 32 counts on lyrics

## S1: KICK, BALL, CROSS, LONG STEP RIGHT, DRAG; BACK, CROSS, SIDE, BEHIND & CROSS

1&2      Kick Right forward, Step ball of Right beside Left, Step Left across Right  
&3-4      Hitch Right knee, Take a long step right on Right; Drag Left to Right  
&5      Step Left back, Step Right across Left  
6      Step Left to left  
7&8      Step Right behind Left, Step Left to left, Step Right across Left

## S2: SWAYS, STEP LONG TO LEFT SIDE, DRAG; & CROSS, TURN, TURN TRIPLE STEP

1-2      Sway hips left; Sway hips right  
&3-4      Hitch Left knee, Take a long step left with Left, Drag Right to Left  
&      Step Right back  
5-6      Step Left across Right; Turn  $\frac{1}{4}$  turn left & step Right back  
7&8      Turn  $\frac{1}{4}$  turn left & triple step Left, Right, Left to left (6:00)

## S3: CROSS, BACK &, CROSS, BACK &, CROSS BACK, ROCK STEP

1-2      Step Right across Left; Step Left back  
&      Step Right back  
3&4      Step Left across Right, Step Right back,  
&      Step Left back  
5-6      Step Right across Left; Step Left back  
7-8      Rock Right back looking back; Recover forward to Left looking forward

## S4: $\frac{1}{2}$ TURN, TURNING TRIPLE STEP; STEP $\frac{1}{4}$ TURN STOMP, TOUCH & HEEL & CROSS

1      Turn  $\frac{1}{2}$  turn left & step Right back (12:00)  
2&3      Turn  $\frac{1}{2}$  turn left & triple step Left, Right, Left forward (6:00)  
4-5      Step Right forward; Pivot  $\frac{1}{4}$  turn left & stomp Left (3:00)  
6&      Touch Right beside Left, Step Right to right  
7&8      Touch Left heel forward, Step Left slightly back, Step Right across Left

## S5: SIDE ROCK STEP; BEHIND & CROSS; SIDE ROCK STEP & CROSSOVER ROCK STEP

1-2      Rock Left to left; Recover right on Right  
3&4      Step Left behind Right, Step Right to right, Step Left across Right  
5-6      Rock Right to right; Recover left on Left  
&7-8      Step Right back, Rock Left across Right; Recover back on Right

## S6: $\frac{1}{4}$ TURN TRIPLE STEP, $\frac{1}{2}$ TURN TRIPLE STEP, $\frac{1}{2}$ TURN, ROCK STEP, $\frac{1}{2}$ TURN

1&2      Turn  $\frac{1}{4}$  turn left & triple step forward Left, Right, Left (12:00)  
3&4      Turn  $\frac{1}{2}$  turn left & triple step back Right, Left, Right (6:00)  
5-6      Turn  $\frac{1}{2}$  turn left & step Left forward; Rock Right forward (12:00)  
7-8      Recover back on Left; Turn  $\frac{1}{2}$  right & step Right forward (6:00)

## S7: SIDE, SAILOR STEP, SAILOR STEP w/HEEL TWIST, STEP, STEP, STEP

1      Turn  $\frac{1}{4}$  turn right & step Left to left (9:00)  
2&3      Right sailor step  
4&5      Left sailor step

- &6 Twist Right heel inward, Step Right in place
- &7 Twist Left heel inward, Step Left in place
- &8 Twist Right heel inward, Step Right in place & turn  $\frac{1}{4}$  turn left (6:00)

**S8: FORWARD TRIPLE STEP; PIVOT  $\frac{1}{2}$  TURN; TURNING TRIPLE STEP, OUT, OUT, CLAP**

- 1&2 Triple step forward Left, Right, Left
- 3-4 Step Right forward; Pivot  $\frac{1}{2}$  turn left to Left (12:00)
- 5&6 Turn  $\frac{1}{2}$  turn left & triple step Right, Left, Right (6:00)
- &7-8 Step Left slightly left, Step Right slightly Right; Clap

**Begin Again**

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