

Feel Better When I'm Dancing

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Beginner
編舞者: Stephanie Chong (MY) - November 2015
音樂: Better When I'm Dancin' - Meghan Trainor



Intro: 16 counts

SECTION ONE

(1-8) □ □ Side Together, Side Shuffle, Back Rock, Kick Ball Cross

1-2 Step R to right (1), Step L beside R (2)
3&4 Step R to right (3), Step L beside R (&), Step R to right (4)
5-6 Rock L behind R (5), Recover on R (6)
7&8 Kick L to left diagonal (7), Step ball of L next to R (&), Cross R over L (8) □ □ [12:00]

SECTION TWO

(9-16) □ □ Side Together, Side Shuffle, Back Rock, Kick Ball Cross

1-2 Step L to left (1), Step R beside L (2)
3&4 Step L to left (3), Step R beside L (&), Step L to left (4)
5-6 Rock R behind L (5), Recover on L (6)
7&8 Kick R to right diagonal (7), Step ball of R next to L (&), Cross L over R (8) □ [12:00]

Restart – wall 4

SECTION THREE

(17-24) □ □ Side Touches, Step Flicks

1-2-3-4 Step R to right (1), Touch L beside R (2), Step L to left (3), Flick R behind L (4)
5-6-7-8 ¼ turn left Step R to right (5), Touch L beside R (6), Step L to left (7), Flick R behind L (8)
 [9:00]

SECTION FOUR

(25-32) □ □ Side Rock, Back Rock, 2 1/8 Hip Rolls

1-2-3-4 Rock R to right (1), Recover on L (2), Rock R behind L (3). Recover on L (4)
5-6-7-8 Step R to right and roll hip anti-clockwise making 1/8 turn left taking weight on L (5-6), Repeat
 same steps for (7-8) [6:00]

Restart on Wall 4, dance up to counts 16 and start Wall 5 facing 6:00.

Ending: Dance the first 16 counts of the dance and end the dance with a pose.

I wrote this for my beginner class as a split floor to the dance 'Better When I'm Dancin' by Julia Wetzel.

HAPPY DANCING, even if you have 2 left feet!

Contact: kwangyoong@gmail.com