

Up A Floor

拍數: 80 牆數: 4 級數: Phrased Intermediate
編舞者: Terry Daily (USA) - October 2015
音樂: Levels - Nick Jonas



Start: 8 Counts In - Sequence: A, B, 16 of A, A, B, 32 of A, B, 32 of A

Part A – 48 counts

A1: Walk R,L, ½ turn Shuffle, Coaster, Walk RL

1,2 3&4 Walk FWD R, L, over L shoulder ½ turn shuffle RLR
5& 6, 7,8 Coaster back by stepping L back step R together step FWD L, Walk fwd R,L (6:00)

A2: Hip Bumps R& L, Jazz Box

1&2 3&4 Hip Bumps RLR, LRL to the sides with attitude
5,6,7,8 Jazz box, Cross R over L, Step back L, Step to R side, Step slightly FWD L

A3: Cross and Heels X 2, 2 ½ turns

1&2&,3&4& Cross R over L, Step down L, Present R heel FWD at a slight diagonal, and step down R,
Cross L over R, Step down L, Present L heel FWD at a slight diagonal and step down L
5,6,7,8 Step FWD R and do a ½ turn over L shoulder, Step FWD R and do a ½ turn over L shoulder
(6:00)

A4: Step Hitch, Step Back and touch X2

1,2,3,4 Step FWD R Hitch L knee up, Step down L and touch R toe slightly back
5,6,7,8 Step FWD R Hitch L knee up, Step down L and touch R toe out to R side

A5: Sailors X2, Touch ¾ Turn, Crossing Shuffle

1&2, 3&4 Sweep R behind L, step down L, step down R, Sweep L behind, step down R, step down L
5,6,7&8 Touch R toe behind L unwind ¾ turn (3:00), Crossing shuffle LRL.

A6: Step Drag and touch, Kick Ball Cross, Step Drag and touch, Kick Out, Out

1,2 3&4 Step R out to the side R, drag L to R and Touch L toe to instep, Kick L fwd, step down on ball
of L, Step R across L
5,6 7&8 Step L out to L side, drag R to L and Touch R toe to instep, Kick R out and step down R at a
diagonal, step L out to L side at a diagonal. (3:00)

Pattern B – 32 counts

B1: Hips R, L V step

1&2, 3&4 Hip bumps RLR, Hips LRL
5,6,7,8 Step FWD and out R,L into a V shape, step Back in R,L back to center.

B2: ¾ Turning Shuffles

1&2, 3&4 Shuffle FWD RLR, ¼ turn over R shoulder LRL (6:00)
5&6, 7&8 ¼ turn shuffle over R shoulder RLR (9:00), ¼ R turn shuffle LRL (12:00)

B3: V Step, Shuffle FWD, Rock FWD and push off and Recover

1,2,3,4 Step out R, L at a diagonal, step in with R then L
5&6, 7,8 Shuffle FWD RLR, Rock FWD L and push yourself back and recover R

B4: Shuffle Back, ¾ Touch Turn, Step drag, Kick ball Change

1&2, 3,4 Shuffle back LRL, Touch R toe behind L and unwind ¾ turn over R
5,6 7&8 Step L to L side and drag R and touch R Toe to instep, Kick R fwd, step on ball of R and step
down L

The Pattern sequence is : A, B, 16 of A, A, B, 32 of A, B, 32 of A, which ends the dance at the step touches.
Just finish with a touch unwind $\frac{1}{2}$ turn to front.

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