

Even in Darkness

拍數: 32 牆數: 4 級數: Improver
編舞者: Annette Andresen (DK) - November 2015
音樂: Music To My Soul - CeeLo Green



Note:

There are 3 Restarts – all after count 16.

On wall 2 (facing 9 o'clock),

On wall 5 (facing 3 o'clock)

On wall 8 (facing 9 o'clock)

There is 1 Tag – on wall 7 after count 30 - (facing 9 o'clock): Hold on count &31&32 and Restart the dance.

[1-8] □ Hip roll R & L, 3 x ¼ R paddle turns, ¼ L

- 1 2 Step to R and roll hips ACW to the R (1), tap L heel (2)
3 4 Step to L and roll hips CW to the L (3), tap R heel (4)
5&6&7& Point R fw (5) and make L ¼ turn (&) x 3
8 Make ¼ L, stepping R to side (8). The weight ends on R – (12 o'clock)

[9-16] □ L Lockstep back, R Lockstep back, L Coaster step, ¼ R cross R over L (dipping down), ¼ L straighten up walk fw on L

- 1&2 Step back on L (1), lock R to L (&), step back on L (2)
3&4 Step back on R (3), Lock L to R (&), Step back on R (4)
5&6 Step back on L (5), Step R next to L(6), Step fw on L (6)
7 Make ¼ turn R (dipping down in knees) crossing R over L (7) – (3 o'clock)
8 make ¼ turn L straighten up and step fw on L (8) – (12 o'clock)

Restart the dance here on wall 2, 5 and 8 □

[17-24] □ Cross rock, side rock, cross rock, side, cross, hold, & cross shuffle

- 1&2& Rock R over L (1), Recover L (&), Rock R to R side (2), Recover L (&)
3&4 Rock R over L (3), Recover L (&), Step R to R side (4)
5 6 Cross L over R (5), Hold (6)
&7&8 Step R to R (&), cross L over R (7), step R to R (&), Cross L over R (8) – (12 o'clock)

[25-32] □ Side, ¼ turn L & touch, L shuffle fw, point a cross R L R & cross L over R

- 1 2 Step R to side (1), Make ¼ turn L & touch L in front of R (2) – (9 o'clock)
3&4 Step L fw (3), step R next to L (&), Step L fw (4)
5&6 Point R across L (5), Step R to R (&), Point L across R (6)
Tag here on wall 7: Hold for count &31&32 and Restart the dance
&7&8 Step L to L (&), Point R across L (7), Step R to R (&), cross L over R and take weight on L (8)
 – (facing 9 o'clock)

Ending: □ 1/4 turn L with 2 x full turn hip rolls, ending the dance at 12 o'clock

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