

# Stories

拍數: 32      牆數: 2      級數: Intermediate NC2S  
編舞者: Jannie Tofte Stoian (DK) - August 2015  
音樂: 7 Years - Lukas Graham : (iTunes)



**Intro: 16 counts intro (app. 20 seconds into song.) Start on the word "Once"**

**[1-8] □ Side rock cross, ¼ ½ sweep, Cross ¼ ¼ sweep, Cross back side, Cross swayx2 □**

- 1&2      Rock R to R side, recover onto L, cross R over L (prepping body L) □ 12:00  
&3      Turn ¼ R stepping L back, turn ½ R stepping R fw and sweeping L from back to front □ 09:00  
4&5      Cross L over R, turn ¼ L stepping R back, turn ¼ L stepping L fw sweeping R from back to front (think Jazz box ½ turn) □ 03:00  
6&7      Cross R over L, step L back, step R to R side □ 03:00  
&&&      Cross L over R, sway R, sway L □ 03:00

**[9-16] □ Jazz box ¼ R, Rock sweep, Behind ¼ R step, Step ½ L step, Step touch □**

- 1&2      Cross R over L, step L back, turn ¼ R stepping R to R side □ 06:00  
&3      Cross rock L over R, recover onto R sweeping L from front to back □ 06:00  
4&5      Cross L behind R, turn ¼ R stepping R fw, step L fw □ 09:00  
6&7      Step R fw, turn ½ L stepping onto L, step R fw □ 03:00  
8&      Step L fw, touch R next to L while slightly bending knees (prepping for a R basic) □ 03:00

**[17-24] □ Basic R, ¾ R, Runx2 rock, Coaster cross, Scissor step □**

- 1-2&      Step R to r side, close L behind R, cross R over L □ 03:00  
3      Turn ¼ R stepping L back, while sweeping R another ½ R □ 12:00  
4&5      Run fw R, L, rock R fw □ 12:00  
6&7      Recover onto L, step R next to L, cross L over R □ 12:00  
&&&      Step R to R side, step L next to R, cross R over L □ 12:00

**[25-32] □ Step sweep, Behind ¼ L, Step ¾ L, Runx2, Cross side rock, Cross shuffle □**

- 1      Step L to L side, while sweeping R from front to back □ 12:00  
2&      Cross R behind L, turn ¼ L stepping L fw □ 09:00  
3-4      Step R fw, turn ¾ L stepping onto L □ 04:30  
&5      Run fw R, run fw L □ 04:30  
6&7      Cross R over L, rock L to L side, recover onto R (squaring up to back wall) □ 06:00  
&&&      Cross L over R, step R small step to R side, cross L over R □ 06:00

**No Tags. No Restarts.**

**Ending: just keep dancing all the way through the song – you will end up facing 12:00**

**Good luck & enjoy!**

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**Last Update – 29th Nov. 2015**