

Waiting Tables

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2015
音樂: Waiting Tables - Don Henley : (4:47)



Start 16 counts after beat kicks in approx. 13 seconds into song

[1-8] R jazz box cross, L hinge, R cross shuffle

1-4 Cross step R over L, step L back, step R side, cross step L over R
5-6 Turning . left step R back, turning . left step L side (6 o'clock)
7&8 Cross step R over L, step L side, cross step R over L

[9 -16] L side rock/recover, L sailor, R behind, L step L fwd, step R fwd, L fwd rock/recover

1-2 Rock L side, recover weight on R
3&4 Cross step L behind R, step R side, step L side
5&6 Cross step R behind L, turning . left step L forward, step R forward (3 o'clock)
7-8 Rock L forward, recover weight on R

[17-24] L full turn back, . L chasse, L weave 4 with . L

1-2 Turning . left step L forward, turning . left step R back (3 o'clock)
3&4 Turning . left step L side, step R together, step L side (12 o'clock)

Non-turning option 1-4: turning . left step L side, step R together, step L side, step R together, step L side

5-8 Cross step R over L, step L side, cross step R behind L, turning . left step L forward (9 o'clock)

[25-32] R fwd rock/recover, R coaster, L fwd rock/recover, 3/8 L shuffle

1-2 Rock R forward, recover weight on L
3&4 Step R back, step L together, step R forward
5-6 Rock L forward, recover weight on R
7&8 Turning 3/8 left to back left diagonal step L forward, step R together, step L forward (5 o'clock)

[33-40] Fwd cross points, R cross step, L side, . R sweeping toaster step

1-4 Cross step R forward, point L side, cross step L forward, point R side
5-6 Cross step R over L, step L side
7&8 Turning . R sweep R behind L and step R back, step L together, step R forward (7 o'clock)

[41-48] Fwd cross points, L fwd rock/recover, . L shuffle (to face R diagonal)

1-4 Facing back right diagonal cross step L forward, point side R, cross step R forward, point side L
5-6 Rock L forward, recover weight on R
7&8 Turning . left step L forward, step R together, step L forward (now facing front R diagonal 1 o'clock)

[49-56] L full turn fwd, R fwd shuffle, L fwd rock/recover (to diagonal), 1/8 L chasse

1-2 Turning . left step R back, turning . left step L forward

Non-turning option 1-2: walk forward R, L

3&4 Step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R (to diagonal)
7&8 Turning 1/8 left to face front wall step L to side, step R together, step L side (12 o'clock)

[57-64] R fwd rock/recover, 3/8 R shuffle, L fwd, . R pivot turn, L fwd shuffle

1-2 Turning to left front diagonal step rock R forward, recover weight on L (11 o'clock)

3&4 Turning $\frac{3}{8}$ right step forward R, step L together, step R forward (3 o'clock)
5-6 Step L forward, pivot . right (9 o'clock)
7&8 Step L forward, step R together, step L forward
Turning option on counts 7&8 – Full turn R triple step

TAG: WALL 3 - at the end of wall 3 facing 3 o'clock add 4 hip bumps R, L, R, L
