

Pusing Pala Berbie

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Beginner
編舞者: Maya Sofia (INA) & Neneng Dancer (INA) - October 2015
音樂: Pusing Pala Berbie by Putri Bahar



Intro : 32 Counts

Tag after wall 2 (X2) & after wall 6 (X4)

I. SLOW CHASSE, BESIDE TOUCH, SLOW CHASSE, BESIDE TOUCH

1-4 Step R to R side, Step L next R, Step R to R side, L touch beside R
5-8 Step L to L side, Step R next to L, Step L to L side, R touch beside L

II. REPEAT SECTION I

III. CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, SIDE SHUFFLE

1-4 Step R across L, Recover on L, Rock R to R side, Recover on L
5-6 Step R across L, Recover on L
7&8 Step R to R side, Step L next to R, Step R to R side

IV. CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER, SIDE SHUFFLE

1-4 Rock L across R, Recover on R, Rock L to L side, Recover on R
5-6 Rock L across R, Recover on R
7&8 Step L to L side, Step R next to L, Step L to L side

V. TOE STRUTS (RIGHT AND LEFT) X2

1-4 Touch R forward, Drop R heel, Touch L Toe forward, Drop L heel
5-8 Touch R toe forward, Drop R heel, Touch L toe forward, Drop L heel

VI. FISH TAILS (X2)

1-4 Step R back diagonally, Touch L beside R, Step L back diagonally, Touch R beside L
5-8 Step R back diagonally, Touch L beside R, Step L back diagonally, Touch R beside L

VIII. LEFT WEAVE, SIDE TOUCH, RIGHT WEAVE, SIDE TOUCH

1-4 Step R across L, Step L to L side, Step R across behind L, Touch L to L side
5-8 Step L across R, Step R to R side, Step L across behind R, Touch R to L side

VIII. (JAZZ BOX) X2

1-4 Cross R over L, Step back on L, Step R to side, Step L next to R
5-8 Cross R over L, Step back on L, Step R to side, Step L next to R

Repeat Dance

TAG

I. SLOW KICK BALL CHANGE (LEFT AND RIGHT)

1-4 Kick R forward, Step of ball of R next to L, Step L beside R, Step R beside L
5-8 Kick L forward, Step of ball of L next to R, Step R beside L, Step L beside R

II. HIP BUMPS

1-8 Hip bumps R-L-R-L-R-L-R-L

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