

# Hai Yu Lian

COPPER KNOB  
STEPSHEETS

拍數: 96      牆數: 2      級數: Phrased Easy Intermediate  
編舞者: Jennifer Jou (TW) - November 2015  
音樂: Hai Yu Lian By Siao Jing Teng



Intro:16 counts - Sequence:A/B / B/B /A/B / B/B /B/Tag/B

## Part A:32 counts

**Sec A1: RUN FWD R L R L,ROCK R,ROCK L,ROCK R,ROCK L**

1 2 3 4      Run fwd on R L R L  
5 6 7 8      Step RF to R and rock to R,rock L,rock R,rock L

**Sec A2:RIN BACK R L R L,ROCK R,ROCK L,ROCK R,ROCK L**

1 2 3 4      Run back on R L R L  
5 6 7 8      Step RF to R and rock to R,rock L,rock R,rock L

**Sec A3:SIDE,TOG,SIDE,KICK,SIDE,TOG,SIDE,KICK**

1 2 3 4      step RF to R ,step LF together,step RF to R,kick LF to L diagonal  
5 6 7 8      Step LF to L,step RF together,step LF to L,kick RF to R diagonal

**Sec A4:SIDE,KICK,SIDE.KICK,SWIVEL HEELS RLRL**

1 2 3 4      Step RF to R,kick LF,step LF to L,kick RF  
5 6 7 8      Swivel both heels R L R L (weight to L)

## Part B: 64 counts

**Sec B1: KICK,TOG,KICK,TOG**

1 2 3 4      kick R forward,step RF beside L,kick LF fwd,step LF beside R  
5 6 7 8      Repeat

**Sec B2: TWIST TO THE R,TWIST TO THE L**

1 2 3 4      Step RF to R with body twisting from central to the R (weight to R)  
5 6 7 8      Twist body to the L (weight to L)

**Sec B3: BACK ROCK,RECOVER,SIDE ROCK,RECOVER,1/4 TURN JAZZ BOX**

1 2 3 4      Rock RF behind LF,recover onto LF,rock RF to R side,recover onto LF  
5 6 7 8      Cross RF over LF,step LF back,1/4 turn R step RF to R,step LF next RF 3:00

**Sec B4: ROCKING CHAIR,FWD,1/2 PIVOT,FWD,1/4 PIVOT**

1 2 3 4      Rock RF fwd,recover on LF,rock RF back,recover on LF  
5 6 7 8      Step RF fwd,1/2 turn left weight on LF,step RF fwd,1/4 turn right weight on LF 6:00

**Sec B5: TOE,HEEL,TOE,HEEL,TWIST TRAVELLING RIGHT**

1 2 3 4      Weight on LF swivel R toe in,R heel out,R toe in, R heel out  
5 6 7 8      Twist Heels to R ,twist toes to R,twist heels to R.hitch LF

**Sec B6: TOE,HEEL,TOE,HEEL,TWIST TRAVELLING LEFT**

1 2 3 4      Weight on RF,swivel L toe in,L heel out,Ltoe in,L heel out  
5 6 7 8      Twist heels to L, twist toes to L,twist heels to L,hitch RF

**Sec B7: CROSS,TOUCH,CROSS,TOUCH,HIP R BUMP**

1 2 3 4      Cross RF over LF,touch LF to L,cross Lf over RF,touch RF to R  
5 6 7 8      Step RF to R and hip bump to R over 4 counts

**Sec B8: BEHIND,TOUCH,BEHIND,TOUCH,HIP L BUMP**

1 2 3 4            Cross LF behind RF,touch RF to R,cross RF behind LF,touch LF to L  
5 6 7 8            Step LF to L side and hip bump to L over 4 counts

**Tag: 24 counts**

**CROSS, TOUCH, CROSS, TOUCH, HIP R BUMP**

1 2 3 4            Cross RF over LF, touch LF to L, cross Lf over RF, touch RF to R  
5 6 7 8            Step RF to R and hip bump to R over 4 counts

**BEHIND, TOUCH, BEHIND, TOUCH, HIP L BUMP**

1 2 3 4            Cross LF behind RF, touch RF to R, cross RF behind LF, touch LF to L  
5 6 7 8            Step LF to L side and hip bump to L over 4 counts

**SIDE, KICK, SIDE, KICK, SWIVEL HEELS RLRL**

1 2 3 4            Step RF to R, kick LF, step LF to L, kick RF  
5 6 7 8            Swivel both heels R L R L (weight to L)

Have fun and enjoy.....

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