

# Lay Down Beside Me

拍數: 54      牆數: 2      級數: Improver waltz  
編舞者: Mike Stringer (UK) - October 2015  
音樂: Lay Down Beside Me - Nathan Carter : (Album: Time Of My Life)



## Section 1: □□2x Half Turn forward

- 1 Step left forward turning  $\frac{1}{4}$  over left shoulder
- 2 Step right forward turning  $\frac{1}{4}$  over left shoulder
- 3 Step left foot together (6 o'clock)
- 4 Step right foot back turning  $\frac{1}{4}$  over left shoulder
- 5 Step left foot forward turning  $\frac{1}{4}$  over left shoulder
- 6 Step right foot together (12 o'clock)

## Section 2: □□Basic forward, back $\frac{1}{4}$ turn

- 1 Step left foot forward
- 2 Step right foot next to left
- 3 Step left foot next to right ( 12 o'clock)
- 4 Step right foot back turning  $\frac{1}{4}$  over left shoulder
- 5 Step left foot marginally out to left side
- 6 Step right foot in place (9 o'clock)

## Section 3: □□Twinkle, Twinkle $\frac{1}{2}$ turn

- 1 Cross left foot over right
- 2 Step right foot next to left
- 3 Step left foot next to right (9 o'clock)
- 4 Cross right foot over left
- 5 Step left foot back turning  $\frac{1}{4}$  over right shoulder
- 6 Step right foot forward turning  $\frac{1}{4}$  over right shoulder (3 o'clock)

## Section 4: □□Weave, Hip sway x3

- 1 Cross left foot over right
- 2 Step right foot to the right side
- 3 Step left foot behind right (3 o'clock)
- 4 Step right to right side swaying hips to the right
- 5 Sway hips to the left
- 6 Sway hips to the right putting weight on right (3 o'clock)

## Section 5: □□Forward $\frac{1}{2}$ turn, Basic back

- 1 Step left foot forward turning  $\frac{1}{4}$  over left shoulder
- 2 Step right foot forward turning  $\frac{1}{4}$  over left shoulder
- 3 Step left foot together ( 9 o'clock )
- 4 Step right foot back
- 5 Step left foot together
- 6 Step right foot together ( 9 o'clock)

## Section 6: □□Forward $\frac{1}{4}$ turn, weave

- 1 Step left foot forward
- 2 Step right foot next to left turning  $\frac{1}{4}$  over left shoulder
- 3 Step left foot next to right (6 o'clock)
- 4 Cross right foot over left
- 5 Step left foot to left side
- 6 Cross right foot behind left (6 o'clock)

**Section 7: □□ Rock ¼ turn, Cross rock, side**

- 1 Rock left foot out to left side
- 2 Recover weight onto right turning ¼ over right shoulder
- 3 Step left foot slightly forward (9 o'clock)
- 4 Cross rock right foot over left
- 5 Recover weight onto left
- 6 Step right foot to right side

**Section 8: □□ Forward, point, hold, back, point, hold**

- 1 Step left foot forward
- 2 Point right foot out to right side
- 3 Hold for one count (9 o'clock)
- 4 Step right foot back
- 5 Point left foot to left side
- 6 Hold for one count

**Section 9: □□ Forward ¼ turn, Basic back**

- 1 Step left foot forward turning ¼ over left shoulder
- 2 Step right foot next to left
- 3 Step left foot next to right (6 o'clock)
- 4 Step right foot back
- 5 Step left foot next to right
- 6 Step right foot next to left (6 o'clock)

**TAG: There is one 3 count Tag at the end of wall 2 facing 12 o'clock.  
You will finish the dance with a basic back,  
Then tap left heel in place three times whilst clicking fingers on right hand,  
Then begin dance again from count 1**

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