Won't Give Up

拍數: 48

級數: Novice - Rise & Fall waltz

編舞者: Kitija Vāvere (LAT) - November 2015

音樂: I Won't Give Up - Jason Mraz

STEP DIAGONALLY, TURN 1/2, STEP 2X, STEP 1/4 TURN, CROSS

- 1 LF Step forward diagonally R (12:30)
- 2 RF Step 1/2 R back (7:30)
- 3 LF Step next to RF
- 4 RF□ Step back diagonally
- 5 LF Step 1/4 to the L (6:00)
- 6 RF□ Step over LF

STEP SIDE, STEP IN PLACE, CROSS, SLIDE, HOLD

- 7 LF Step to L
- 8 RF Step next to LF
- 9 LF Step over RF
- 10 RF Make a big step with to R
- 11 LF Slide next to RF
- 12 Hold

STEP DIAGONALLY, TURN 1/2, STEP 2X, STEP 1/4 TURN, CROSS

- 13 LF Step forward diagonally (12:30)
- 14 RF Step 1/2 R back (7:30)
- 15 LF□ Step next to RF
- 16 RF□ Step back diagonally
- 17 LF Step 1/4 to the L (6:00)
- 18 RF□ Step over LF

STEP SIDE, STEP IN PALCE, CROSS, SLIDE, HOLD

- 19 LF□ Step to L
- 20 RF Step next to LF
- 21 LF□ Step over RF
- 22 RF Make a big step with to R
- 23 LF Slide next to RF
- 24 Hold

TURN 1/4, BEND KNEE, BODY DROP, ARM MOVEMENT, BODY UP, ARM MOVEMENT

- 25 RF□bend knee, turning 1/4 to L, bring arms to the side (in second position)
- 26 Body goes down towards left leg, arms in second position
- 27 Body goes down towards left leg, arms goes to first position
- 28 Slowly body comes up, □arms stay in first position 29 Body is straight
- 30 Lift R arm up (in 3rd position), left arm goes on side (in 2nd position), weight on RF

STEP FORWARD ¼ L, KICK, CROSS, VINE

- 31 LF□ Step forward ¼ L
- 32 RF Kick 1/8 diagonally
- 33 Pause (or make slow kick on 2 counts)
- 34 RF□Cross over L
- 35 LF□Step to L
- 36 RF Step behind L





牆數: 2

SLIDE, KNEE SWING

- 37 LF Step big step to L
- 38 Hold
- 39 Hold
- 40 RF□Hitch knee and bring knee in
- 41 RF Bring knee out
- 42 RF Bring knee in

STEP, RONDE, TOUCH, SWEEP FULL TURN, HOLD

- 43 RF□step to R
- 44 Hold
- 45 Hold
- 46 LF□Make full turn sweep
- 47 to R
- 48 LF□Touch next to R (6:00)

REPEAT

TAG: after 8th wall

STEP, BEHIND, CROSS 2X

- 1 RF□Step to R
- 2 LF□Step behind RF
- 3 RF⊡Step over LF
- 4 LF⊡Step to L
- 5 RF □Step behind LF
- 6 LF Step over RF

SLIDE, FULL TURN R

- 7 RF⊡Step to R
- 8 Hold
- 9 Hold
- 10,11 LF⊡Sweep full turn R
- 12 Hold (weight on RF)

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