

Adore

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Hsiaolin (Sherry) Yu (TW) - November 2015
音樂: Adore - Jasmine Thompson



Intro: 16 Counts

SECTION 1: WALK, WALK, SHUFFLE FORWARD, FORWARD ROCK, RECOVER, SHUFFLE BACK

1-2 R-walk, L-walk
3&4 Shuffle forward on R-L-R
5-6 L-Rock forward, R- Recover
3&4 Shuffle back on L-R-L

SECTION 2: SIDE STEP, CROSS ROCK, SIDE, CROSS ROCK, ¼ R, ¼ R

1 R-to R side
2-3 L-Cross rock, R-Recover
4 L-to L Side
5-6 R-Cross rock, L-Recover
7-8 ¼ Turn R Step forward on R, ¼ Turn R Step L to L Side

***Restart Point

SECTION 3: WALK, WALK, MAMBO FWD, ANCHOR STEP, WALK, WALK

1-2 R-Walk, L-Walk
3&4 R-Rock forward, L-Recover, R- back
5&6 L-Rock back, R-Recover, L-Rock back
7-8 R-Walk, L-Walk

SECTION 4: POINT, POINT, COASTER STEP, POINT, POINT, COASTER STEP

1-2 Point right toe forward, point right toe to right side
3&4 R- back, L- beside, R- forward
5-6 Point left toe forward, point left toe to left side
7&8 L- back, R- beside, L- forward

***RESTARTS: During wall 4, wall 10, after 16 counts (facing 12:00)

HAPPY DANCING!!!

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