

Country Never Left

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Pat Newell (USA) - November 2015
音樂: Good Time - Alan Jackson



Alt. music: Whiskey Under The Bridge Brooks and Dunn 150 BPM

Senior Dancing Series

Learning: Heel hooks/heel stands, vines with heel slaps, V Step, heel stands
+16 in

RIGHT HEEL HOOK, HEEL STAND , LEFT HEEL HOOK, HEEL STAND

1-4 Touch R heel forward, hook R over L shin, return R heel forward, step R beside L
5-8 Touch L heel forward, hook L over R shin, return L heel forward, step L beside R

RIGHT VINE WITH HEEL SLAP, LEFT VINE ¼ LEFT WITH HEEL SLAP

1-4 Step R to R, L behind R, R to side, swing L behind R and slap heel with R hand
5-8 Step L to L, R behind L, L to ¼ L, swing R behind, slap R heel with L hand 9:00

RIGHT VINE WITH HEEL SLAP, LEFT VINE WITH HEEL SLAP (NO TURN)

1-4 Step R to R, L behind R, R to side, swing L behind R and slap heel with R hand
5-8 Step L to L, R behind L, L to side, swing R behind L and slap heel with L hand

OUT, OUT, IN, IN (V) AND HEEL STANDS

1-4 Step R slightly forward diagonally R, step L slightly forward diagonally L, Step R back in
 place, step L back in place (pattern will resemble a V)
5-8 Touch R heel forward, return beside left, touch L heel forward, return beside R

BEGIN DANCE AGAIN

HINTS:

- 1 . Relax your knees when doing the heel slaps- makes it easier to touch the heel.
- 2 . Maintain a good upright body position when doing the V Step - don't bend forward.

DANCE FOR THE HEALTH OF IT
