

Joy

拍數: 64 牆數: 2 級數: Improver
編舞者: Janis Watkins (UK) - November 2015
音樂: Joy - Will Young



WALL 1 – 56 count

Section 1:- Chasse Right, Rock back, Kick Ball Cross x 2

1 & 2 Step right to right side, step left next to right, step right to right side
3, 4 Rock left behind right, recover weight on to right
5 & 6 Kick left, step left to right, cross right over left
7 & 8 Kick left, step left to right, cross right over left

Section 2:- Chasse Left, Rock back, Kick Ball Cross x 2

1 & 2 Step left to left side, step right next to left, step left to left side
3, 4 Rock right behind left, recover weight on to left
5 & 6 Kick right, step right next to left, cross left over right
7 & 8 Kick right, step right next to left, cross left over right

Section 3:- Shuffle diagonally right, left, right, left

1 & 2 On the right diagonal, step right forward, slide left to right, step right forward
3 & 4 On the left diagonal, step left forward, slide right to left, step left forward
5 & 6 On the right diagonal, step right forward, slide left to right, step right forward
7 & 8 On the left diagonal, step left forward, slide right to left, step left forward

Section 4:- Jazz Box ¼ Right x 2

1 – 4 Cross right over left, step back left, ¼ turn right with right foot, step left next to right
5 – 8 Repeat steps 1 – 4

Section 5:- Toe Struts x 2, Kick ball change, Step ½ turn Left

1, 2, 3, 4 Step right toe forward, lower heel, step left toe forward, lower heel
5 & 6 Kick right forward, step right next to left, step left next to right
7, 8 Step forward right, pivot ½ turn left (weight transfers to left)

Section 6:- Toe Struts x 2, Kick ball change, Step ½ turn Left

1 -8 Repeat section 5

Section 7:- Part figure of 8 to right

1 – 4 Step right to right side, cross left behind right, ¼ turn right with right foot, step forward left
5 – 8 Pivot ½ turn right, step ¼ right with left, cross right behind left, step left to left side (weight on left)

WALL 2 – 64 count

As wall 1 to end of section 6

Section 7:- 1½ x figure of 8

1 – 4 Step right to right side, cross left behind right, ¼ turn right with right foot, step forward left
5 – 8 Pivot ½ turn right, step ¼ right with left, cross right behind left, step ¼ left with left foot
9 – 12 Step right forward, pivot ½ left, step ¼ right with right, cross left behind right
13 – 16 Step ¼ right with right foot, step forward left, pivot ½ turn right, step ¼ right with left (weight on left)

(You will be facing the same wall as when you started the figure of 8)□

Repeat wall 2 until last wall (wall 7)

Dance sections 1 -3 (you will be facing 12 o'clock) then finish with straight jazz box and a pose!

During wall 5 main music stops after section 4 but keep dancing and maintaining count, full music starts again on wall 6 section 3.

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