

Bossy Boots (老大靴子) (zh)

COPPER KNOB
BY STEPHEN

拍數: 68 牆數: 2 級數: Intermediate
編舞者: Robbie McGowan Hickie (UK) - 2008年12月
音樂: Boots - Joey + Rory : (CD: The Life Of A Song)



前奏 : 32 Count Intro 32拍後起跳

- 第一段** **Left Cross Rock. Left Side Rock. Behind. Side. Toe Tap. Cross.**
左交叉下沉, 左側下沉, 後, 側, 趾點, 交叉
- 1-4 Cross rock Left over Right. Rock back on Right. Rock Left out to Left side. Recover weight on Right.
左足於右足前交叉下沉, 右足後下沉, 左足左下沉, 右足回復
- 5-6 Cross Left behind Right. Long step Right to Right side. (Left foot remains to Left side)
左足於右足後交叉踏, 右足右一大步(左足保留在原地)
- 7-8 Tap Left toe to floor – Left knee turned in. Cross step Left over Right. 左足趾點左膝轉向內, 左足於右足前交叉踏
- 第二段** **Chasse Right. Back Rock. Vine 1/2 Turn Left.**
右追步, 後下沉, 左轉1/2華倫步
- 1&2 Step Right to Right side. Close Left beside Right. Step Right to Right side. 右足右踏, 左足併踏, 右足右踏
- 3-4 Rock back on Left. Rock forward on Right.
左足後下沉, 右足前下沉
- 5-6 Step Left to Left side. Cross Right behind Left.
左足左踏, 右足於左足前交叉踏
- 7-8 Make 1/4 turn Left stepping forward on Left. Make 1/4 turn Left stepping Right to Right side.
左轉90度左足前踏, 左轉90度右足右踏
- 第三段** **Back Rock. Left Kick-Ball-Change. Left Toe Strut Forward. Step. Pivot 1/2 Turn Left.** 後下沉, 左踢交換, 左前趾躡, 踏左轉1/2
- 1-2 Rock back on Left. Rock forward on Right. (Facing 6 o'clock)
左足後下沉, 右足前下沉(面向6點鐘)
- 3&4 Kick Left forward. Step ball of Left beside Right. Step Right beside Left. 左足前踢, 左足併踏, 右足併踏
- 5-6 Step Left toe forward. Drop Left heel to floor.
左足趾前點, 左足踵踏
- 7-8 Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)
右足前踏, 左轉180度(面向12點鐘)
- 第四段** **Step Forward. Scuff Left. Step Forward. Scuff Right. Right Jazz Box with Scuff.** 前踏, 左擦踢, 前踏, 右擦踢, 右擦踢爵士方塊
- 1-4 Step forward on Right. Scuff Left forward. Step forward on Left. Scuff Right forward. 右足前踏, 左足前擦踢, 左足前踏, 右足前擦踢
- 5-8 Cross step Right over Left. Step back on Left.
右足於左前交叉踏, 左足後踏
- 7-8 Step Right to Right side. Scuff Left slightly forward and across Right. 右足右踏, 左足略於右足前擦踢
- ***Restart Point***
A Restart is needed DURING Wall 3 ... Dance up to Count 32 – Then Restart the dance again from the Beginning (You will be Facing 12 o'clock Wall to Restart)
第三面牆(面向12點鐘)跳至此從頭起跳
- 第五段** **Cross. 1/4 Turn Left. 1/2 Turn Left. Scuff. Forward Rock. Side Rock.**
交叉, 左轉1/4, 左轉1/2, 擦踢, 前下沉, 側下沉
- 1-2 Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
左足於右足前交叉下沉, 左轉90度右足後踏
- 3-4 Make 1/2 turn Left stepping forward on Left. Scuff Right forward. (Facing 3 o'clock)
左轉180度左足前踏, 右足前擦踢

5-8 Rock forward on Right. Rock back on Left. Rock Right out to Right side. Recover weight on Left.
右足前下沉, 左足後下沉, 右足右踏, 左足回復

第六段 Cross. Back. Diagonal Step Back. Cross. Back. Together. Step. Pivot 1/2 Turn Left.交叉, 後, 斜角線後踏, 交叉, 後, 併, 踏, 左轉1/2

1-2 Cross step Right over Left. Step back on Left.
右足於左足前交叉踏, 左足後踏

3-4 Step Right Diagonally back Right. Cross step Left over Right.
右足右斜角線後踏, 左足於右足前交叉踏

5-6 Step back on Right. Step Left beside Right.
右足後踏, 左足併踏

7-8 Step forward on Right. Pivot 1/2 turn Left. (Facing 9 o'clock)
右足前踏, 左轉180度(面向9點鐘)

第七段 Diagonal Step Forward. Touch. Side Step Left. Touch. Rolling Vine 1 & 1/4 Turn Right. Scuff.斜角線前踏, 點, 左側踏, 點, 右華倫轉1又1/4, 擦踢

1-2 Step Right Diagonally forward Right. Touch Left beside Right.
右足右斜角線前踏, 左足併點

3-4 Step Left to Left side. Touch Right beside Left.
左足左踏, 右足併點

5-6 Make 1/4 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.
右轉90度右足前踏, 右轉180度左足後踏

7-8 Make 1/2 turn Right stepping forward on Right. Scuff Left forward. (Facing 12 o'clock)
右轉180度右足前踏, 左足前擦踢(面向12點鐘)

第八段 Rocking Chair. Paddle 1/4 Turn Right x 2.搖椅步, 右轉1/4划槳步二次

1-4 Rock forward on Left. Rock back on Right. Rock back on Left. Rock forward on Right.
左足前下沉, 右足後下沉, 左足後下沉, 右足前下沉

5-8 Step forward on Left. Paddle 1/4 turn Right. Step forward on Left. Paddle 1/4 turn Right.
左足前踏, 右轉90度划槳步, 左足前踏, 右轉90度划槳步

第九段 Cross. Point Right. Cross. Point Left.交叉, 右點, 交叉, 左點

1-2 Cross step Left forward over Right. Point Right toe out to Right side.
左足於右足前交叉踏, 右足趾右點

3-4 Cross step Right forward over Left. Point Left toe out to Left side.(Facing 6 o'clock)
右足於左足前交叉踏, 左足趾左點(面向6點鐘)
