La Rumba Perfidia

級數: Beginner - Cuban Rumba

編舞者: Anthony Kusanagi (INA) - November 2015

音樂: Perfidia - Laura Fygi : (Album: The Latin Touch)

Start Dancing On Vocal - No Tags, No Restarts

SI. BACKWARD STEP - BACK ROCK - FORWARD STEP - SWAY

1 L step backward

拍數: 32

- 2-3-4 R step backward, recover to L, R step forward
- 5 Hold
- 6-7-8 L step to side with hip sway to left, recover to R and sway to right, recover to L and sway to left

SII. CROSS ROCK - SIDE STEP - CROSS ROCK - SIDE STEP

- 1 Hold
- 2-3 R cross in front of L, recover to L
- 4-5 R step to side, Hold
- 6-7 L cross in front of R, recover to R
- 8-1 L step to side, Hold

SIII. SWAY - TURN 1/2 TO RIGHT - SPOT TURN

- 2-3-4 recover to R, recover to L, recover to R
- 5 turn $\frac{1}{2}$ to right (06.00) then L touch next to R
- 6-7-8 L step forward diagonally to right (07.30), turn ½ to right then R step forward (01.30), turn ¼ to right then L step forward (04.30)

SIV.□TURN 1/8 TO RIGHT – SIDE ROCK – CROSS - TURN ¼ TO RIGHT – BACKWARD STEP – TURN ¼ - BACKWARD STEP

1 Hold

- 2-3-4 Turn 1/8 to left then R step to side (03.00), recover to L, R cross in front of L
 Hold
- 6-7-8 turn ¼ to right then L step backward (06.00), turn ¼ to right then R step backward (09.00), L flick from front to back
- 1 L step backward (Restart the dance form the beginning)

NOTE: There is a development on Section II for the line dancers who search for a higher level movements. This development is only an option. Dance it whenever you like.

II. LUNGE FORWARD – HOLD – RECOVER – SIDE STEP - FOLD

- 2-3 R step forward diagonally to left then R bend down, hold
- &4-5 recover to L, R step to side, hold
- 6-7-8 L knee fold to side and the body sway/lean to right for three counts
- 1 L step to side

ENJOY THE DANCE

For more information, please contact me on: anthonymld.ina@gmail.com



