

Get Ugly

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Gail A. Dawson (USA) - October 2015
音樂: Get Ugly - Jason Derulo



Intro: 16 counts

Sequence: A, B, A, Tag 1, A, B, A, A, first 16 counts of A, Restart B, Tag 2, A, A

PART A – 32 counts

A1: WALK, WALK, SAILOR TURN, FULL TURN, KICK, STEP, TOUCH

1,2 Step R forward (1), Step L forward (2),
3&4 Step R behind L (3), Turn ¼ clockwise, stepping L forward (&), Step R forward, (3:00)
5,6 Turn ½ R, stepping L back (5), Turn ½ R, stepping R forward (6)
7&8 Kick L (7), step down L (&), touch R next to L (8)

A2: TOUCH OUT, HOOK ¼ TURN, LOCKING STEP, SCISSOR FLICK

1,2 Touch R out (1), turning ¼ to R hook R (6:00)
3&4 Step R forward (3), Step L behind R (&), Step R forward (4)
5,6 Step L to L (5), step R beside L (6)
7,8 Cross L over R (7), flick R to the back (8)

****Restart with B here**

A3: PADDLE TURN, STEP, TOUCH, TRIPLE

1&2&3&4 With L foot stationary, push off right 4 times turning ½ counter clockwise (12:00)
5,6 R step crossing slightly in front of L hands slide up (thighs to waist), touch L next to R
7&8 Step L forward (7), Step R next to L (&), Step L forward (8) (shimmy shoulders)

A4: WALK, WALK, CHASE TURN, FULL TURN

1,2 Step R forward (1), Step L forward (2),
3&4 Step R forward (3), Turn ½ L, stepping L forward (&), Step R forward, (prep for turn) (4)
5,6 Turn ½ R, stepping L back (5), Turn ½ R, stepping R forward (6)
7,8 Step L forward (7), touch R next to L (8) (6:00)

PART B – 32 counts

B1: STEP, TOUCH, STEP, TOUCH, ROLLING VINE

1,2 Step R to R, touch L next to R (6:00)
3,4 Step L to L, touch R next to L
5,6 Step R ¼ turn R, step L turn ½ to R
7&8 Step R turning ¼ R(7), touch L next to R(&), touch L out to L (8)

B2: SAILOR STEP, SAILOR STEP, TOUCH, TOUCH, SWEEP ½ TURN, BRUSH

1&2 Cross L behind R, step R to R, step L in place
3&4 Cross R behind L, step L to L, step R in place
5,6 Touch L forward, touch L to L
7,8 L sweep turning ½ to L, brush right (12:00)

B3: SWEEP, SWEEP, SWEEPING SAILOR TURN, STEP, HEEL SPLITS

1,2 Slowly sweep R to R stepping behind L
3,4 Slowly sweep L to L stepping behind R
5&6 Sweep R to R crossing behind L turning ¼ R (5), L steps in place (&), R step forward (8)
(3:00)
7&8 Step L forward, split heels apart, return heels to center

B4: WALK, WALK, WALK, WALK (turning $\frac{3}{4}$),SIDE BODY ROLL, SIDE BODY ROLL

1,2, 3, 4 Turning $\frac{3}{4}$ to the R (in a circle) step R, L, R, L (12:00)

5,6 Body roll to right (shoulders R followed by hips)

7,8 Body roll to left (shoulders L followed by hips - weight ends on left)

TAG 1 – 8 COUNTS

1,2 Step R to R, Step L next to R

3,4 Cross R over L, step L to L

5,6 Cross L over R, step R to R

7,8 Step L in place, R touches beside L

TAG 2 – 4 COUNTS

1-4 Cross R over L and slowly unwind 360 degrees

End – at the end of A turn $\frac{1}{2}$ to front
