

# On Top of The World!

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Chris Watson (AUS) - September 2015  
音樂: Don't Be So Hard On Yourself - Jess Glynne : (iTunes)



## #1: Step, Sailor Step, Behind & Cross, Step Kick, Coaster Step

1,2&3,4&5      Step R to R side, Step L behind R, rock R to R side and replace weight onto L, Step r behind L and L to L side, cross R over L turning 1/8 (11 O'Clock)  
6,7&8      Kick L foot forward, step back onto L, step R together with L and forward onto L. (11 O'Clock)

## #2: Step Together, Step Lock Step, Cross Step back, Coaster Step

1,2,3&4      Step forward onto r foot and step L together clicking both fingers, Step R foot forward, lock L behind R and step forward onto R  
5,6,7&8      Cross Step L over R, Step 1/8 turn to R Side (12' Clock) , Step L foot back, bring R together with L and step L foot forward

## #3: Side Sway, Side Shuffle, Behind, side, Cross, Side Rock, Cross.

1,2,3&4      Step R to R Side Sway Hips R,L , Step R to R Side bring L together and step R to R side.  
5&6,7&8      Step L behind R, R to R side and cross L over R , rock R to R side, rock weight back onto centre and cross R over L

## #4: 1/2 Turn , Cross & Heel, Together & Heel , Together and 1/2 Pivot

1,2,3&4      Make a 1/4 turn right stepping back on L, continue and make another 1/4 turn right stepping R to R side. (6 O'Clock) Cross step L over R, step back onto R and touch L heel forward to L diagonal (Facing 5 O 'Clock)  
8&5&6,7,8      Step L together and touch r next to L , Step r back and touch L heel forward, Step L back and step forward onto R making a 1/2 turn pivot taking weight onto L (11 O Clock)

## #5: Step Sailor Step, Step Back X 2 , 1/2 Turn , 1/2 Turn, 1/4 Turn.

1,2&3,4      Step R to R side straighten up to 9 O clock Wall, Step L behind r, R to R side and step L to L Side, Step R foot back  
5,6,7,8      Step L foot back , make 1/2 turn Right stepping forward onto R , make a 1/2 Turn right stepping back onto L, make a 1/4 turn R stepping r to R side (12 O'Clock)

## #6: Samba Step X 2 , Cross Point , Cross over step back.

1&2,3&4      Cross step L over R , R to R side and weight back onto L, cross step r over L , step L to L side and weight back onto R  
5,6,7,8      Cross L over R and point R toe to R Side, Cross R over L and step back Onto L

## #7: 1/2 Turn Shuffle, Full turn stepping forward, Forward Coast step, Walk back X2

1&2,3,4      1/2 Turn over R shoulder shuffle forward R, Full turn stepping forward L,R  
5&6,7,8      Step L foot forward, step R foot together with L, Step L foot back, walk back, R ,L

## #8: Back rock, replace, Walk, Walk , Touch & Touch & Touch , Hitch & Touch & Hitch

1,2,3,4      Rock R foot back and forward onto L, Walk forward R,L  
5&6&7&8      Touch R toe to R side, step R together and touch L toe to L side , Step L together and touch R toe to R Side, Hitch R knee toward L knee and touch r toe to R side and lift knee to L knee.

[64] Counts Re- Start Dance.

Contact: [www.dare2dance.org](http://www.dare2dance.org) - [cwld4@hotmail.com](mailto:cwld4@hotmail.com)