

Sarong Lady

COPPER KNOB
STEPPERS

拍數: 68 牆數: 2 級數: Intermediate
編舞者: Wendy Loh (MY) - October 2015
音樂: Sarong Lady - Anita Mui



Sequence of Dance : AABAa Tag AABAa Tag

Dance starts after 20 counts from beginning of music

PART A (32 counts)

Section A1 : Step R, Hold, Cross Rock, Recover, Step L, Hold, Cross Rock, Recover

1 2 Step RF to side, Hold,
3 4 Rock LF over RF, Recover on RF
5 6 Step LF to side, Hold,
7 8 Rock RF over LF, Recover on LF (12:00)

Section A2 : Touch R, Step Back, Touch L, Step Back, Hip Roll with ¼ L Turn

1 2 Touch RF to side, Step RF behind LF
3 4 Touch LF to side, Step LF behind RF
5 6 Touch RF forward & Slowly roll R hip turning to 1/8 L with weight on LF
7 8 Repeat Steps 5,6 (9:00)

Section A3 : Rocking Chair, Step, Pivot ½ L, Forward, Hold

1 2 Rock RF forward, Recover on LF
3 4 Rock RF back, Recover on LF (9:00)
5 6 Step RF forward, Turn ½ L weight on LF (3:00)
7 8 Step RF forward, Hold

Section A4 : Forward, ¼ R Turn, Weave, Touch, Ball Step, Touch, Step

1 2 Step LF forward, Turn ¼ R weight on RF (6:00)
3 4 Cross LF over RF, Step RF to side
5 6& Step LF behind RF, Touch RF to side, Step RF beside LF
7 8 Touch LF to side, Step LF beside RF & Touch RF in place at same time

PART a (16 counts)

Do first 16 counts of PART A

TAG (4 count)

1 2 Turn ¼ R & Step RF to side ~ Strike a pose
3 4 Shift weight to LF and strike a pose

PART B (36 counts)

Section B1 : Forward Cha Cha, Rock Recover, Back Cha Cha, Rock Recover

1&2 Forward Cha Cha RF, LF, RF
3 4 Rock LF forward, Recover on RF
5&6 Back Cha Cha LF, RF, LF
7 8 Rock RF back, Recover on LF (12:00)

Section B2 : Step Forward, ½ L Pivot , Forward, Hold, Full Turn, Forward, Hold

1 2 Step RF forward, Turn ½ L weight on LF (6:00)
3 4 Step RF forward, Hold
5 6 Turn ½ R & Step LF forward, Turn ½ R & Step RF forward

7 8 Step LF forward, Hold (6:00)

Section B3 : Repeat B1

Section B4 : Repeat B2

Section B5 : Touch R, Hold, Ball Step, Touch L, Step Together

1 2& Touch RF to side, Hold, Step RF beside LF

3 4 Touch LF to side, Step LF beside RF (12:00)
