

First Move

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Michelle Risley (UK) - October 2015
音樂: I Don't Believe - Rox



Notes: Restart Wall 5 (Front Wall), Tag & Step Change Wall 7 (Back Wall)

[1-8] □ POINT, TOUCH, POINT, FLICK, VINE RIGHT

1-2 Point right To Right Side, Touch Right Toe Forward
3-4 Point Right to Right Side, Flick Right Foot up Behind left
5-6 Step Right to Right Side, Left Behind Right
7-8 Step Right to Right Side, Touch Left next to Right

[9-16] □ STEP, TOUCH, BACK, KICK, COASTER, STEP

1-2 Step forward on Left, touch Right behind left heel
3-4 Step Back on Right, Kick Left Forward
5-6 Step Back on Left, Right Together,
7-8 Step forward on Left, Step Right Next to left

*Wall 5, Facing Front wall, Replace count 16 with a Hold. Restart dance from count 1

[17-24] STEP, TWIST, STEP BACK, COASTER ¼ CROSS

1-2 Step Forward on Left, Twist Both Heels to Left
3-4 Twist Both Heels to centre, Step Back Left
5-6 Step Back Right, Step Together Left
7-8 ¼ Turn Right, Crossing Right Over Left, HOLD

[25-32] SIDE STEP, SAILOR STEP, SAILOR STEP, HITCH

1 Step Left to Left Side whilst Lifting Right to Right Side,
2-4 (Sailor Step) Step Right Behind Left, Left to Side, Right to Side
5-7 Step Left behind Right, Step Right to Side, Step Left to Side,
8 Hitch Right Knee Across

*Wall 7, Facing Back Wall, Repeat counts 25-32,

**Step Change - Replace count 32 (hitch) Step Right Next to Left and Repeat Count 25-32

You Will Finish Facing the Front Wall on Count 16...

Enjoy and Keep Smiling