

Our Somebody

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Vivienne Scott (CAN) & Fred Buckley (CAN) - October 2015
音樂: My Somebody - Gloriana : (CD: Three, also iTunes and Amazon)



#16 count intro, start on lyrics **One Restart.**

Alt. Music Option: "Hello How Are You?"(radio edit) by No Mercy (CD: "Greatest Hits" – Also: iTunes and Amazon) (This is a long track, you might want to fade it out around 3.30)

[1-8] □ WALK, WALK, SHUFFLE FORWARD, ROCK FORWARD, SHUFFLE 1/2 TURN

1-2 Step forward on right. Step forward on left.
3&4 Shuffle forward stepping right-left-right
5-6 Rock forward on left. Recover on right.
7&8 Turn 1/2 left and step forward on left. Close right beside left. Step forward on left.

Restart: □ For 'My Somebody' only. At this point during wall 4 facing 9 o'clock.
You will Restart the dance facing 3 o'clock

[9-16] □ STEP, 1/2 PIVOT HOOK, SHUFFLE FORWARD, SWAY, SWAY, RIGHT CHASSE

1-2 Step forward on right. Pivot 1/2 left hooking left over right. (Option: Snap fingers)
3&4 Shuffle forward stepping left-right-left
5-6 Step right to right side swaying right. Sway left.
7&8 Step right to right side. Close left beside right. Step right to right side.

[17-24] □ CROSS ROCK, 1/4 TURN, 1/4 TURN, SIDE, BEHIND, BALL CROSS, 1/4 TURN, 1/4 TURN

1-2 Cross rock left over right. Recover onto right.
3-4 Turn 1/4 left and step forward on left. Turn 1/4 left and step right to right side.
5&6 Cross left behind right. Step right to right side. Cross left over right.
7-8 Turn 1/4 left and step back on right. Turn 1/4 left and step left to left side.

[25-32] □ CROSS ROCK, 1/4 SHUFFLE, ROCK FORWARD, COASTER STEP (or TRIPLE FULL TURN)

1-2 Cross rock right over left. Recover onto left.
3&4 Shuffle 1/4 turn right stepping right-left-right.
5-6 Rock forward on left. Recover onto right.
7&8 Step back on left. Step right beside left. Step forward on left.

(Alt: Triple full turn left)

Ending: For 'My Somebody': As the music fades out and you finish the dance, cross right over left, slowly unwind 1/2 turn left to front and pose.

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