

Empty Heart

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Pat Newell (USA) - October 2015
音樂: Nobody's Home - Clint Black



Intro: 16 counts

Learning: Triples with rock, recover, modified K step, triples, pivots, weave

TRIPLE FORWARD, ROCK RECOVER, TRIPLE BACK ROCK, RECOVER

1&2 3,4 Triple R, L, R forward , rock forward on L, recover on R

5&6 7,8 Triple L, R, L back, rock back on R, recover forward on L

MODIFIED K STEP WITH ¼ TURN LEFT

1-4 Step- R, touch L beside R, turn ¼ L on L, touch R beside L

5-8 Step back on R, touch L beside R, step forward on L, touch R beside L 9:00

TRIPLE STEP, ROCK RECOVER, TRIPLE STEP, 1/4 PIVOT LEFT

1&2 3,4 Triple forward R, L, R , rock to the left on L, recover on R

5&6 7,8 Triple forward L, R, L, step R forward, turn ¼ L (wt on L) 6:00

WEAVE LEFT , ROCK RIGHT ACROSS LEFT, RECOVER, RIGHT TO RIGHT RECOVER

1-4 Step R over L, step L to L, step R behind L, step L to L

5-8 Rock right across L, recover on L, rock R to R, recover on L

Begin Again

Dance for the Health of it.

Contact: patanddick@hotmail.com