

Run Run Run

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Forty Arroyo (USA) - October 2015
音樂: The Little Things - Carlos Bertonatti



**** Dedicated to my Senior Gals ****

Inspired by the intermediate dance "The Little Things" by Jo Thompson-Szymanski

[1-8] FORWARD TRIPLES R AND L, DIAGONALS – BACK, TOUCH, BACK, TOUCH

1&2 Step R forward; Step L together, Step R forward
3&4 Step L forward; Step R together; Step L forward
5,6 Step back right diagonal, Touch L next to R
7,8 Step back left diagonal, Touch R next to L

[9-16] □ REPEAT STEPS 1 THRU 8

1&2 Step R forward; Step L together, Step R forward
3&4 Step L forward; Step R together; Step L forward
5,6 Step back right diagonal, Touch L next to R
7,8 Step back left diagonal, Touch R next to L

[17-24] VINE RIGHT, VINE LEFT WITH ¼ TURN L,

1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R
5-8 Step L to side, Step R behind L, Step forward on L turning ¼ left, Touch R next to L

[25-32] HIP BUMPS, HIP SWAYS

1,2 Bump hips to right twice
3,4 Bump hips to left twice
5-8 Sway hips – R, L, R, L

RESTART – after the instrumentals (16 counts)

After 8th rotation (you will be at 12:00 o'clock) do the first 16 counts – then start from the beginning.

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