

That Bass

COPPER KNOB
STYLEDANCE

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Kate Ipock - March 2015
音樂: All About That Bass - Meghan Trainor : (iTunes)



Introduction: 32 counts, start on drum beat at 16 seconds - No Tags, No Restarts

GRAPEVINE RIGHT, TAP, GRAPEVINE LEFT, TAP

1 - 4 Step right side, cross left behind right, step right side, tap left
5 - 8 Step left side, cross right behind left, step left side, tap right

SKATE RIGHT, TOUCH, SKATE LEFT, TOUCH, BODY ROLL, BODY ROLL

1 - 4 Skate right toward right diagonal, touch left, skate left toward left diagonal, step right together
5 - 6 Body roll, weight ends on left
7 - 8 Body roll, weight ends on left

SIDE ROCK, RECOVER, CROSS STEP CROSS, QUARTER TURN, QUARTER TURN, LOCKING TRIPLE FORWARD

1 - 2 Rock right side, recover onto left
3 & 4 Cross right over left, step left ball, cross right over left
5 - 6 Turn ¼ right by stepping back on left (3:00), turn ¼ right stepping forward on right (6:00)
7 & 8 Step forward left, lock right behind left, step forward left

JAZZ BOX 1/8 TURN RIGHT, JAZZ BOX 1/8 TURN RIGHT

1 - 4 Cross right over left, step back on left making 1/8 turn right, step right side, step left together
5 - 8 Cross right over left, step back on left making 1/8 turn right, step right side, step left together

REPEAT

Choreographer Contact Information: Kate Ipock - katyipock@gmail.com
