# From The Other Side



拍數: 32 牆數: 4 級數: Intermediate / Advanced NC2

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音樂: Hello - Adele : (Single - iTunes)



Intro: Starts on Vocal.. (8 Counts on word Hello) Sequence 32, 32, 16, 32, 32, 8, 32, 16, 32 to end.

| S1: 1/2, Cross | & Behi | nd, Beh | ind | & S | tep, | 1/2, | Step, | 1/2, | 1/2, | Rock. |  |
|----------------|--------|---------|-----|-----|------|------|-------|------|------|-------|--|
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| 1   | Make 1/2 turn to Left stepping forward on Left (Sweeping Right from back to front). (6.00)      |
|-----|---|
| 2&3 | Cross step Right over Left, step Left to Left side, cross step Right behind Left (Sweeping Left |

from front to back).

4&5 Cross step Left behind Right, step Right to Right side, step forward on Left.

6-7 Pivot 1/2 turn to Right, step forward on Left. □ □ (12.00)

8&1 Make 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, rock

forward on Right. (12.00)

# S2: Recover, 1/2,1/2,1/2,1/2, 1/4, 1/8 Rock, Run, Run, Run.

| 2-3 | Recover back on Left, make 1/2 turn to Right stepping forward on Right. (6.00) |  |
|-----|--|--|
|     |  |  |

4&5 Make 1/2 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right, 1/2

turn to Right stepping back on Left.(12.00)

6-7 Make 1/4 turn to Right stepping Right to Right side, make 1/8 turn to Left rocking back on

Left. (1.30)

8&1 Run forward R-L-R.

# S3: 1/2, Step, 3/8, 1/2, 1/4, Back, Rock, Side, 1/4 Twist, .

| 2-3 Make 1/2 turn to Right sweeping Left around and touching Left next to Right, step f | forward on |
|---|------------|
|---|------------|

Left. (7.30)

4&5 Make 3/8 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, 1/4

turn Left stepping Right to Right side. (6.00)

6&7 Cross rock Left behind Right, recover on Right, step Left to Left side.

8 Twist 1/4 turn to Right (Keeping weight on Right)

# S4: Reverse Spiral, 1/4 Sweep, Cross, 1/4, 1/2, Step, Step, Touch, Back, Together.

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Right another 1/4 turn to Left (6.00)

3 Cross step Right over Left.

4&5 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward Right, step

forward on Left. (3.00)

6-7 Step forward on Right, touch Left toe behind Right.

8& Step back on Left, step Right next to Left.

#### Restart 1: on Walls 3 & 8.

Dance up to including 6 section 2 then Rock back on Left, rock forward on Right ready to start again.

### Restart 2: on Wall 6.

Dance up to including count 7 Section 1 then step forward on Right ready to start again.

# \*\*\*Please Note there is an Easy Version of steps 8-1-2-3 on sections 3&4 \*\*\*

You can replace these 4 counts for dancers that have difficulty with a full spiral but still wish to enjoy the dance .

# Back Rock Side, Together, Cross.

8&1 Cross rock Right behind Left, recover on Left, step Right to Right side.

2-3 Step Left next to Right, Cross step Right over Left.

