

From The Other Side

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate / Advanced NC2
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - October 2015
音樂: Hello - Adele : (Single - iTunes)



Intro: Starts on Vocal.. (8 Counts on word Hello)
Sequence 32, 32, 16, 32, 32, 8, 32, 16, 32 to end.

S1: 1/2, Cross & Behind, Behind & Step, 1/2, Step, 1/2, 1/2, Rock.

- 1 Make 1/2 turn to Left stepping forward on Left (Sweeping Right from back to front). (6.00)
2&3 Cross step Right over Left, step Left to Left side, cross step Right behind Left (Sweeping Left from front to back).
4&5 Cross step Left behind Right, step Right to Right side, step forward on Left.
6-7 Pivot 1/2 turn to Right, step forward on Left. □□ (12.00)
8&1 Make 1/2 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, rock forward on Right. (12.00)

S2: Recover, 1/2, 1/2, 1/2, 1/2, 1/4, 1/8 Rock, Run, Run, Run.

- 2-3 Recover back on Left, make 1/2 turn to Right stepping forward on Right. (6.00)
4&5 Make 1/2 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right, 1/2 turn to Right stepping back on Left. (12.00)
6-7 Make 1/4 turn to Right stepping Right to Right side, make 1/8 turn to Left rocking back on Left. (1.30)
8&1 Run forward R-L-R.

S3: 1/2, Step, 3/8, 1/2, 1/4, Back, Rock, Side, 1/4 Twist, .

- 2-3 Make 1/2 turn to Right sweeping Left around and touching Left next to Right, step forward on Left. (7.30)
4&5 Make 3/8 turn to Left stepping back on Right, 1/2 turn to Left stepping forward on Left, 1/4 turn Left stepping Right to Right side. (6.00)
6&7 Cross rock Left behind Right, recover on Right, step Left to Left side.
8 Twist 1/4 turn to Right (Keeping weight on Right)

S4: Reverse Spiral, 1/4 Sweep, Cross, 1/4, 1/2, Step, Step, Touch, Back, Together.

- 1-2 Make full turn reverse spiral to Left (9.00 weight still on Right), step forward on Left sweeping Right another 1/4 turn to Left (6.00)
3 Cross step Right over Left.
4&5 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward Right, step forward on Left. (3.00)
6-7 Step forward on Right, touch Left toe behind Right.
8& Step back on Left, step Right next to Left.

Restart 1: on Walls 3 & 8.

Dance up to including 6 section 2 then Rock back on Left, rock forward on Right ready to start again.

Restart 2: on Wall 6.

Dance up to including count 7 Section 1 then step forward on Right ready to start again.

*****Please Note there is an Easy Version of steps 8-1-2-3 on sections 3&4 *****

You can replace these 4 counts for dancers that have difficulty with a full spiral but still wish to enjoy the dance .

Back Rock Side, Together, Cross.

- 8&1 Cross rock Right behind Left, recover on Left, step Right to Right side.
2-3 Step Left next to Right, Cross step Right over Left.

