

Move

拍數: 32 牆數: 4 級數: Beginner
編舞者: Erika Guilfuchi (USA) - October 2015
音樂: Move - Luke Bryan



No Tags, No Restarts

(1-8) STOMP, STOMP, RIGHT HIP ROLL, TRANSFER WEIGHT TO LEFT, RIGHT SAILOR STEP LEFT SAILOR STEP

- 1,2 Stomp right foot out, stomp left foot out.
- 3,4 Hips sway right, hips sway left.
- 5&6 Right behind left, step left side, step right side
- 7&8 Left behind Right, step right side, step left side.

(9-16) STEP/1/2 TURN, KICK, COASTER STEP, RIGHT HIP SWIVEL, STEP, LEFT HIP SWIVEL, STEP LEFT TOGETHER

- 1,2 Step forward onto right foot, 1/2 turn pivot (keep weight on right foot) while kicking left foot forward.
- 3&4 Step back onto left, step right next to left, step forward on the left foot.
- 5&6 Step forward on right foot, swivel heels right raising right hip, bring heels back center
- &7&8& Step right foot back, Step forward on left, swivel heels left raising your left hip, bring heels back center, step left together taking weight onto left foot.

(17-24) 1/4 TURN 2X, HIP BUMP FORWARD 2X, HIP BUMP BACK 2X

- 1,2 Step right foot forward, 1/4 turn left (weight on left)
- 3,4 Step right foot forward, 1/4 turn left (weight on left)
- 5&6 Step right foot forward, double hip bump forward.
- 7&8 Transfer weight to left foot, double hip bump back.

(25-32) RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, ROCK RECOVER, 1/4 TURN STEP RIGHT, DRAG LEFT IN STOMPING WEIGHT ON LEFT FOOT.

- 1&2 Step back on right, step left next to right, step back on right.
- 3&4 Step back on left, step right next to left, step back on left
- 5,6 Rock back on right, recover weight onto left
- 7,8 1/4 turn while taking big step onto right foot, drag left foot next to right stomp weight onto left.

Contact: erika.halpin@yahoo.com