

Tailspin (P)

拍數: 32 牆數: 0
編舞者: Dan Albro (USA) - February 2016
音樂: I Love This Life - LOCASH



Intro: 16 counts

Country High by: Clayton Anderson, Intro: Start with vocals

Start: Facing FLOD, MEN inside, LADIES outside, side by side position.

[1-8]□(Both)□WALK, WALK, SHUFFLE FWD, ROCKING CHAIR

1,2,3&4 Step fwd L, step fwd R, step fwd L, step R next to L, step fwd L

5,6,7,8 Rock fwd R, replace weight on L, rock back on R, replace weight on R

Hands:□On count 7 hands go out to sides, on count 8 release left hands

[9-16]□□SHE TURNS, HE TURNS, BOTH TURN

1&2 (Lady)□Turn ¼ left stepping side R, step L next to R, turn ¼ right stepping back R (BLOD)

3&4 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L□(FLOD)

5&6 Step fwd R, step L next to R, step fwd R

7,8 Turn ½ right stepping back L, turn ½ right stepping fwd R

1&2 (Man)□Step fwd R, step L next to R, step fwd R

3&4 Turn ¼ right stepping side L, step R next to L, turn ¼ right stepping back L (BLOD)

5&6 Turn ¼ right stepping side R, step L next to R, turn ¼ right stepping fwd R (FLOD)

7,8 Turn ½ right stepping back L, turn ½ right stepping fwd R

Hands:□On count 1, right hands go over Ladies head then release them on count 3 (no hands)

[17-24]□(both)□8 COUNT LYNDY (FACING OLOD)

1&2 Picking up hands turn ¼ right stepping side L, step R next to L, step side L (OLOD)

3,4 Cross rock R behind L, replace weight on L

5&6,7,8 Step side R, step L next to R, step side R, cross back L behind R, replace weight R

[25-32]□(Lady) ½ PIVOT, ROCK, REPLACE, ½ SHUFFLE, ¼ SHUFFLE (FLOD)

1,2,3,4 Step fwd L, pivot ½ right (weight on R), rock fwd L, replace weight R□□(ILOD)

5&6 Turn ¼ left stepping side L, step R next to L, turn ¼ left stepping fwd L□□(OLOD)

7&8 Turn ¼ left stepping fwd R, step L next to R, step fwd R□□□(FLOD)

[25-32]□(Man)□ ROCKING CHAIR, SHUFFLE FWD, ¼ SHUFFLE (FLOD)

1,2,3,4 Rock fwd L, replace weight R, rock back L, replace weight on R

5&6 Step fwd L, step R next to L, step fwd L

7&8 Turn ¼ left stepping fwd R, step L next to R, step forward R (FLOD)

Hands:□On count 1 left hand goes over Ladies head into cross arm position

Hands: On count 5, left hand goes over ladies head into side by side position

Repeat

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