

# Confident

拍數: 64      牆數: 4      級數: Phrased Intermediate  
編舞者: Amy Glass (USA) & Darren Bailey (UK) - October 2015  
音樂: Confident - Demi Lovato : (Clean Version - iTunes, Amazon)



Sequence: 36 count intro A A A B Tag 1 A A B B A A Tag 2 A A

Note: B is always danced to the 12:00 and 6:00 walls. The first time B is danced follows 3 walls of A. Turn to 12:00 to start B.

## Section A: 32 Counts

### A[1-8] □ Cross, Side, Hold, Ball-Cross, 1/4 R 1/2 R, 1/2 R Shuffle

1-2      Cross R over L, Step L to L side while making a slight body roll  
3      Hold  
&4      Step on ball of R foot next to L, Cross L over R  
5-6      Step forward R while turning 1/4 R (3:00), Back L while turning 1/2 R (9:00)  
7&8      Shuffle R, L, R while turning 1/2 R (3:00)

### A[9-16] □ 1/4 R, Hitch, Hip Pushes x2, Shuffle 1/4 L, Shuffle 1/2 L

1      Turn 1/4 R, stepping L to L side (6:00)  
2      Hitch R knee  
3-4      Step out on R foot while pushing hips to R then L, ending with weight on L  
5&6      Step R to R side, Cross L over R, Step back R while turning 1/4 L (3:00)  
7&8      Turn 1/4 L stepping L to L side, Step R next to L, Turn 1/4 L stepping forward L (9:00)

### A[17-24] □ 1/4 L Side Rock & Side Rock, Forward Rock, Step Back, Heel Swivel

1-2&      Turn 1/4 L and Rock R to R side, Recover weight on L, Step R next to L (6:00)  
3-4&      Rock L to L side, Recover weight on R, Step L next to R  
5-6      Rock forward R while rolling body from front to back  
7      Step back on R  
&8      Swivel L heel out, in

### A[25-32] □ Vaudeville, Out, Out, Knee Pop, Sailor, Hold, Ball, Step

&1&2      Turn 1/4 R while stepping on ball of L foot, Cross R over L, Step L to L side, touch R heel to R diagonal  
&3      Step out on R, Out on L  
&4      Pop both knees (lift both heels off the ground)  
5&6      Step L behind R, R to R side, L to L side  
7      Hold  
&8      Step on ball of R next to L, Step L to L side

## Section B: 32 Counts

### B[1-8] □ Cross Point x2, Dip x2

1-2      Cross R over L, Point L to L side  
3-4      Cross L over R, Point R to R side  
5-6      Dip body down and to the R while weighting R foot, Point L to L side  
7-8      Dip body down and to the L while weighting L foot, Point R to R side

### B[9-16] □ Step Pivot 1/2 L, Walk x2, Kick Ball Point, Down, Up

1-2      Step forward R, Pivot 1/2 L (6:00)  
3-4      Walk forward R, L  
5&6      Kick R, Step on ball of R, point L forward  
7-8      Bend both knees pushing R hip backward, Recover

**B[17-32]: Repeat counts 1-16**

**Tag 1—Facing 12:00 (4 Counts): Hold for 4 Counts□**

**Tag 2— Facing 12:00 (8 Counts): Hold for 4 Counts, Shake for 4 counts**

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