

I Love This Life

COPPERKNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Improver
編舞者: Dawn Rathbun (USA) - October 2015
音樂: I Love This Life - LOCASH



BRUSH, STEP, APPLE JACKS, HOLD, MOVING LEFT APPLEJACKS

1 2 Brush right, Step side right
3&4 Weight right toe weight left Heel, Swivel right heel in swivel left toe out , swivel back home
&5 6 Weight right toe weight left heel, Swivel right heel in swivel left toe out, hold
&7 Weight right heel weight left toe, Swivel left heel straight right toe straight (this makes you slightly moving to the left)
&8 Weight right heel weight left toe, Swivel left heel straight right toe straight (this makes you slightly moving to the left)

CROSS ROCK 2X, ¼ TURN JAZZ BOX

1&2 Cross right over left, recover back left, step side right
3&4 Cross left over right, recover back right, step side left
5 6 7 8 Cross right over left, step back left, step right ¼ right, step together left

RESTART HERE WALL 3

BRUSH, TOE BACK, STEP ¼ TURN, WEAVE, SHUFFLE, ROCK

1 2 Brush right, touch right toe back
3 Step right ¼ side right (roll right knee out as you step ¼ right)
4&5 Cross left behind right, step side right, cross left over right

RESTART HERE WALL 6 AFTER Pointing right toe to side for count 6

6&7 Step side right, together left, step side right
8& Cross left behind right, recover forward right

STEP ¼, STEP ½, SHUFFLE FORWARD, ROCKING CHAIR

1 2 Step left back ¼ right, step forward right ½ right
3&4 Step forward left, together right, step forward left
5 6 Step right forward, recover back left
7 8 Step right back, recover forward left

REPEAT

RESTARTS ON WALL 3 & 6