

In Stitches

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Lynn Card (USA) - October 2015
音樂: Stitches - Shawn Mendes



**** (For my daughter Chloe, who had stitches Oct. 2015) ****

INTRO: 16 COUNTS - No Tags, 1 Restart Optional

SECTION 1: SIDE, HOLD, STEP, SIDE, TOUCH, SIDE, HOLD, STEP SIDE, TOUCH

1,2 Step R to right, Hold
&3,4 Step L next to R, Step R to right, Touch L next to R
5,6 Step L to left, Hold
&7,8 Step R next to L, Step L to left, Touch R next to L

SECTION 2: ROCKING CHAIR, STEP, ¼ TURN, HEEL, STEP, HEEL

1,2 Rock R forward, Recover back on L
3,4 Rock R back, Recover forward on L
5,6 Step R forward, Turn ¼ to left touch L heel forward
7,8 Step L next to R, Touch R heel forward (3:00)

SECTION 3: TOUCH, HEEL, TOUCH, HEEL, STEP, HEEL TOUCH, HEEL

1,2 Touch R center next to to L, Touch R heel forward
&3,4 Touch R next to L, Touch R heel forward
5,6 Step R next to L, Touch L heel forward
&7,8 Touch L next to R, Touch L heel forward

RESTART OPTIONAL HERE IN WALL 11 after 16 counts...but note this will change the 2 wall dance from 12 and 6 to 3 and 9...Restart not necessary for beginner dancers.

SECTION 4: STEP, HITCH, STEP, ¼ TURN, HITCH, STEP TOGETHER, HEEL SPLIT

1,2 Step L next to R, Hitch R (feet actually slightly apart/shoulder width)
3,4 Step down on R, Turn ¼ to left as you hitch L (6:00)
5,6 Step down/forward on L, Step R next to L
7,8 Split heels apart, Bring heels together
