

# Second Hand Heart

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Willie Brown (SCO) - October 2015  
音樂: Second Hand Heart (feat. Kelly Clarkson) - Ben Haenow



#8 count intro (approx 5 secs)

Other info; 1 Restart - wall 2 – after 16 counts (you'll hear it!!)

## Section 1: DOROTHY x2, ROCK, RECOVER, COASTER

1,2&      Step Right into Right diagonal(1), lock Left behind Right(2), step Right into Right diagonal(&)  
3,4&      Step Left into Left diagonal(3), lock Right behind Left(4), step Left into Left diagonal(&)  
5,6      Rock forward on Right(5), recover back on Left(6)  
7&8      Step back on Right(7), step Left beside Right(&), step forward on Right(8)

Harder option for counts 7&8; Full turn over Right shoulder stepping Right, Left, Right

## Section 2: ¼ PIVOT, CROSS SHUFFLE, ¼, ¼, CROSS & HEEL

1,2      Step forward on Left(1), turn ¼ Right taking weight on Right(2)  
3&4      Cross Left over Right(3), step Right to Right side(&), cross Left over Right(4)  
5,6      Turn ¼ Left and step back on Right(5), turn ¼ Left and step Left to Left side(6)

\*\*See notes below regarding Restart on wall 2\*\*

7&8      Cross Right over Left(7), step Left to Left side(&), touch Right heel to Right diagonal(8)

## Section 3: BALL CROSS, HOLD, BALL CROSS & HEEL BALL CROSS, HOLD, BALL CROSS & HEEL

&1,2      Quickly step down on Right(&), cross Left over Right(1), hold(2)  
&3&4      Step Right to Right side(&), cross Left over Right(3), step Right to Right side(&), touch Left heel to Left diagonal(4)  
&5,6      Quickly step down on Left(&), cross Right over Left(5), hold(6)  
&7&8      Step Left to Left side(&), cross Right over Left(&), step Left to Left side(&), touch Right heel to Right diagonal(8)

## Section 4: BALL CROSS, ¼, COASTER, SAMBA STEP x2

&1,2      Quickly step down on Right(&), cross Left over Right(1), turn ¼ Left and step back on Right(2)  
3&4      Step back on Left(3), step Right beside Left(&), step forward on Left(4)  
5&6      Step forward on Right(5), rock Left out to Left side(&), recover weight on to Right(6)  
7&8      Step forward on Left(7), rock Right out to Right side(&), recover weight on Left(8)

## Section 5: ROCK, RECOVER, COASTER CROSS, SIDE, BEHIND & TOUCH & TOUCH

1,2      Rock forward on Right(1), recover weight back on Left(2)  
3&4      Step back on Right(3), step Left beside Right(&), cross Right over Left(4)  
5,6      Step Left to Left side(5), cross Right behind Left(6)  
&7&8      Step Left to Left side(&), touch Right toe beside Left(7), step Right to Right side(&), touch Left toe beside Right(8)

## Section 6: & CROSS ROCK, RECOVER, BALL CROSS, SIDE, SAILOR ½, SHUFFLE FWD

&1,2      Step Left to Left side(&), rock Right across Left(1), recover weight back on Left(2)  
&3,4      Step Right to Right side(&), cross Left over Right(3), step Right to right side(4)  
5&6      Cross Left behind Right(5), turn ¼ Left stepping Right a small step to Right(&), turn ¼ Left with a small step forward on Left(6)  
7&8      Step forward on Right(7), step Left beside Right(&), step forward on Right(8)

## Section 7: ROCK, RECOVER, BALL STEP, STEP BACK, COASTER, MAMBO

1,2 Rock forward on Left(1), recover weight back on Right(2)  
&3,4 Step Left beside Right(&), step back on Right(3), step back on Left(4)  
5&6 Step back on Right(5), step Left beside Right(&), step forward on Right(6)  
7&8 Rock forward on Left(7), recover weight back on Right(&), step slightly back on Left(8)

**Section 8: BACK, DRAG, BALL CROSS, SIDE, SAILOR, BEHIND, UNWIND  $\frac{3}{4}$**

1,2 Big step back on Right(1), drag Left towards Right(2)  
&3,4 Step Left beside Right(&), cross Right over Left(3), step Left to Left side(4)  
5&6 Cross Right behind Left(5), small step Left to Left side(&), small step Right to Right side(6)  
7,8 Cross Left behind Right(7), unwind  $\frac{3}{4}$  Left taking weight on Left (8) .....ready to begin again.....

**Restart; On wall 2 (facing 3 o'clock) dance to count 6 of Section 2 then add the following;**

7 Touch Right toe beside Left  
8 Clap hands

**Then Restart from the beginning facing 12 o'clock**

**Ending; You will reach as far as Section 7 and be facing 3 o'clock.....**

**Change the coaster step to add  $\frac{1}{4}$  turn Left to face 12 o'clock, do the mambo as scripted and finish with the big step back – ta da!!**

**Contact: [williebrownuk@yahoo.co.uk](mailto:williebrownuk@yahoo.co.uk)**

---