

# Boo Boo's Bounce (布布跳跳) (zh)

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Scott Blevins (USA) - 2006年10月  
音樂: Bounce - T-Bone : (CD: Bone-A-Fide)



前奏: 12 counts from start of beat that begins in midst of talking 從開始講話12拍後起跳

## 第一段

- 1,2      1) Step L Foot a large step to L side; 左足左一大步  
          2) Step R foot across and in front of L 右足於左足前交叉踏
- 3&4&      3) Step L foot a small step to L side so feet are parallel and swivel or "twist" heels L; 左足左一小步  
          雙腳向左扭  
          &) Swivel heels R; 雙腳向右扭  
          4) Swivel heels L; 雙腳向左扭  
          &) Hitch L knee 左膝蓋抬起
- 5,6      5) Make a 1/4 turn L stepping forward on L foot (facing 9 O'clock);  
          左轉90度左足前踏(面向9點鐘)  
          6) Step R foot next to L foot 右足併踏
- 7&8      7) Make a 1/4 turn L stepping side L on L foot (facing 6 O'clock);  
          左轉90度左足左踏(面向6點鐘)  
          &) Step R foot next to L foot; 右足併踏  
          8) Make a 1/4 turn L stepping forward on L foot (facing 3 O'clock)  
          左轉90度左足前踏(面向3點鐘)

## 第二段

- &1,2      &) Make a 1/4 turn L stepping back on ball of R foot;  
          左轉90度右足後踏  
          1) Step L foot across and in front of R foot (facing 12 O'clock);  
          左足於右足前交叉踏(面向12點鐘)  
          2) Make 1/4 turn R, stepping forward on R foot (facing 3 O'clock)  
          右轉90度右足前踏(面向3點鐘)
- 3&4&      3) Rock forward on L foot; 左足前下沉  
          &) Recover weight back onto R foot; 右足後回復  
          4) Step back on L foot; 左足後踏  
          &) Make 1/2 turn right stepping forward on R foot (facing 9 O'clock)  
          右轉180度右足前踏(面向9點鐘)
- 5,6      5) Step forward on L foot; 左足前踏  
          6) Step R foot forward and slightly across L 右足略於左足前交叉踏
- 7&8&      7) Step L foot to L side; 左足左踏  
          &) Step R foot over L foot; 右足於左足前交叉踏  
          8) Step back on L foot; 左足後踏  
          &) Step R foot to R side 右足右踏

## 第三段

- 1,2      1) Step L foot across and in front of R foot;  
          左足於右足前交叉踏  
          2) Step R foot to R side 右足右踏

- 3&4& 3) Rock L foot forward and across R foot; 左足於右足前交叉下沉  
&) Recover weight back onto R foot; 右足後回復  
4) Make a 1/4 turn L stepping forward on L foot;  
左轉90度左足前踏  
&) Step forward on R foot 右足前踏
- 5&6 5) Touch L heel forward rotating upper body slightly to L;  
左足踵前點上半身略向左轉  
&) Step L foot next to R foot; 左足併踏  
6) Step R foot across and in front of L foot rotating body slightly to R 右足於左足前交叉踏身體略  
向右轉
- 7&8& 7) Keep weight low and rock forward and on a diagonal L, on L foot;  
左足重心放低向左斜角線前下沉  
&) Recover weight onto R foot; 右足回復  
8) Rock back and on a diagonal R, on L foot; 左足右斜角線後下沉  
&) Recover weight forward onto R foot 右足回復

#### 第四段

- 1,2 1) Make a 1/4 turn L stepping forward on L foot;  
左轉90度左足前踏  
2) Make a 1/2 turn left stepping back on R foot (facing 9 O'clock)  
左轉180度右足後踏(面向9點鐘)
- 3&4& 3) Step L foot behind R foot; 左足於右足後踏  
&) Step R foot to R side; 右足右踏  
4) Step L foot across and in front of R foot; 左足於右足前交叉踏  
&) Step side R on ball of R foot 右足右踏
- 5,6 5) Step L foot forward and slightly in front of R foot;  
左足略於右足前踏  
6) Step R foot forward and across L towards 8 O'clock diagonal  
右足於左足前交叉踏(向8點鐘斜角線)
- 7,8 7) Make a 1/2 turn right stepping back on L foot to face 2 O'clock diagonal; 右轉180度左足後  
踏(面向斜角線2點鐘)  
8) Make slightly more than a 1/2 turn right stepping forward on R foot to face 9 O'clock 右轉180度  
右足前踏(面向9點鐘)
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