

Take it Easy

拍數: 64 牆數: 2 級數: Intermediate / Advanced
編舞者: Dwight Birkjær (DK) - September 2015
音樂: Take It Easy - Catherine Britt



Intro 16 count

S1: Night club R, ½ turn R hook R, Night club R, Vine ¼, Sweep ¾ L

1-2&3 Step R to side, Close L behind R, Cross R over L, ½ turn right stepping L to side hook R in front L (6)
4-5& Step R to side, Close L behind R, Cross R over L, step L to side (6)
7&8& R behind, ¼ turn left (3), step R fwd. ¾ turn left (3)

Restart 3 wall Replace ¾ turn and make ½ turn (12)

S2: Vine, Cross, Night club R, Vine ¼, Step ½ turn,

1-2&3 Step R to side, L behind, R to side, cross L (3)
4-5&6 Step R to side, close L behind, cross R over L, step L to side (3)
7&8& R behind, ¼ turn left, step R fwd. ½ turn left (6)

S3: ½ turn left sweep R, Sailor, mambo ½ turn right, Full turn right, Run, Run diag. right

1-2&3 ½ turn left stepping R fwd. and sweep L, step L behind R, R to side, step L fwd. (12)
4&5 Rock R fwd, recover L, ½ turn right (6)
6&7-8& ½ turn right stepping L back, ½ + 1/8 turn right stepping R fwd. step L fwd. Run R-L (7,30)

S4: Rock R, Recover L, 1/8 turn right, ½ turn right, ¼ turn right, Cross, Night club, Big step L, Back rock, Recover

1-2-3 Rock R fwd. recover L, 1/8 turn right stepping R fwd. (12)
&4& ½ turn right stepping L back, ¼ turn right stepping R to side, cross L over R (9)
5-6& Step R to side, close L behind R, Cross R over L (9)
7-8& Big step left, back rock on R, recover L (9)

S5: ½ turn left sweep R, Behind side cross, ¼ rock, Recover, ½ turn right, ½ turn, ½ turn, ¼ turn Night club

1-2&3 ½ turn left stepping L fwd. and sweep R, R behind L, L to side, cross R over L (3)
4&5 ¼ turn right rock R fwd. recover L, ½ turn right stepping R fwd. (12)
6&7 ½ turn right stepping L back, ½ turn right stepping L fwd. ¼ turn right stepping L to side (3)
8& Close R behind L, cross L over R (3)

S6: Side, Behind, ¼ turn right, ½ turn right Sweep L, Sailor, ½ turn, ½ turn, ¼ turn right, Night Club ¼ turn left

1-2&3 Step R to side, L behind R, ¼ turn right stepping R fwd. ½ turn right stepping L back and sweep R (12)
4&5 Step R behind L, step L to side, step R fwd.(12)
6&7 ½ turn right stepping L back, ½ turn right stepping R fwd. ¼ right stepping R to side (3)
8& Close R behind L, ¼ turn left stepping L fwd. (12)

S7: Night club R-L, Walk R-L, Step ½ turn, ½ turn, ¾ turn,

1-2& Step R to side, close L behind R, cross R over L (12)
3-4& Step L to side, close R behind L, cross L over R (12)
5-6 Walk R-L (12)
7&8& Step R fwd. ½ turn left, ½ turn left stepping R back, ½ turn left stepping L fwd. (6)

S8: Night club R-L, Walk R-L, Step ½ turn, ½ turn, ¾ turn left

1-2& Step R to side, close L behind R, cross R over L (3)
3-4& Step L to side, close R behind L, cross L over R (3)

5-6 Walk R-L (3)

7&8& Step R fwd. $\frac{1}{2}$ turn left, $\frac{1}{2}$ turn left stepping R back, $\frac{3}{4}$ turn left stepping L fwd. (6)

Contact : dwightgoldwing@gmail.com - dwight@thewilddanishgang.com
