

Glam

COPPER KNOB
BY FRANCESCA

拍數: 32 牆數: 4 級數: Improver
編舞者: Francien Sittrop (NL) - October 2015
音樂: Glam (Electro-swing Remix) - Dimie Cat



Intro: Start after 32 Counts from the beginning (18 sec)

[1 – 8] □ Side, Rock, Recover, Behind , Side, Cross x2

1- 2 Rock R to R side, Recover on L
3&4 Step right behind left, step left to the left side, step right across left
5 - 6 Rock L to L side, Recover on R
7 & 8 Step left behind right, step right to the right side, step left fwd

[9 -16] □ Lock steps Diag. R & L fwd, Mambo Step , Coaster Step

1 & 2 Step right Diag. right fwd, lock left behind right, step right Diag. right fwd
3 & 4 Step left Diag. left fwd, lock right behind left, step left Diag. left fwd
5 & 6 Rock right fwd, recover on left, step right back
7 & 8 Step left back, step right next to left, step left fwd ****R****

[17-24] Jazz box ½ turn right, Charleston steps

1 - 4 Step right across left, ¼ turn right step left back, ¼ turn right step right Fwd, step left fwd
(06.00)
5 - 6 Touch right fwd, step right back
7 - 8 Touch left back, step left next to right

[25-32] □ Roll knees out R ,L, Sailor step ¼ R, Toe Touches , Behind , Side, Cross

1 - 2 Roll right knee out, roll left knee out
3 & 4 Sweep right back with ¼ turn right, step left next to right, step right fwd (09.00)
5 & 6 Touch left to the left side, touch left next to right, touch left to the left side
7 & 8 Step left behind right , step right to the right side, step left across right.

Start Again

Restart : During wall 7

After count 16 - start again with count 1.

Ending: Dance the last 2 Counts (31 & 32) with ¼ Turn to the R to face the front wall.

Contact ~ Website □: www.franciensittrop.nl